

Bicycle Paper

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Special Racing Issue

- Top race in the region
- Future star competitors
- Comprehensive club list
- Real-life race experiences

Some Things Change

BY MAYNARD HERSHON

There has always been a wide disparity of rider ability at the Women's Challenge, wider than at a major men's race. That's how the race likes it. The H-P LaserJet Women's Challenge welcomes women who may be local heavies — but whose names Dede Demet Barry may not yet know.

No one's saying it'll be easy for those local heavies.

(See "Some Things Change" on page 4)

A real-life racing story

BY NICOLE JAIN

Every spring, when the sun peeks out and the days last a little longer, thousands of people are drawn outside to reunite with their beloved bicycles. Those who can appreciate the burn of the lactate threshold may even consider entering a race. The line between cyclist and racer is one that is difficult to overcome, however. Some may actually give it a try, but often, the experience can be intimidating and frustrating.

(See "Real-Life Racing" on page 10)

Watch for these future stars of the NW racing scene

BY NICOLE JAIN

Most people know Tim Erickson as "Busto," a nickname his brother gave him as a kid because he was notorious for breaking things— windows, derailleurs, and body parts. It's no surprise, then, that he has been an avid mountain biker for the past 10 years. In that time, Busto has patiently earned his way up the competitive ladder. His first race was at age 11, and back then there was one beginner category: men's. He remembers an agreement to clean the dishes for 3 weeks if his parents would pay the \$17 registration fee. He pedaled around the circuit loop for two laps, until the leaders began to pass him on the singletrack and he gave up in fear.

(See "Future Stars" on page 5)



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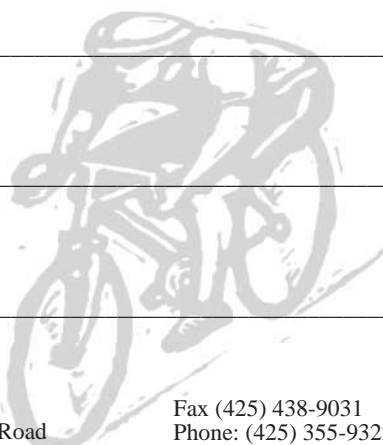
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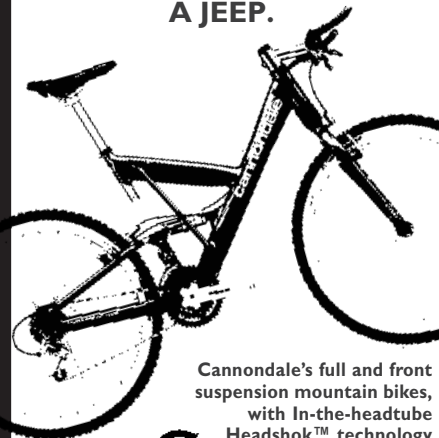
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PHOTO COURTESY OF HP WOMEN'S CHALLENGE

Mari Holden,
wearing the points
leader jersey, takes
a turn at the
Statehouse
Criterium during the
1999 HP Laserjet
Women's Challenge.

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OPINION

OBRA Past, Present and Future

BY CANDI MURRAY

The Oregon Bicycle Racing Association (OBRA) was originally started in the late 70s. Called Oregon Cycling Association (OCA), it was then the district association of USCF clubs. The name was changed to the Oregon Bicycle Racing Association several years later to avoid confusion with the political group, the Oregon Citizen's Alliance which was getting much negative media attention at the time. There was not much activity for the first few years after OCA was formed. When Steve Scarich became the District Representative he pushed to increase the strength of the organization. Organization was improved and a system of collecting fees from races was established. A few years later Mike Murray was elected to the board. Mike wanted more racing in Oregon than was currently being done so he turned the focus of the group toward making it easier and easier to produce quality events. He bought traffic signs, photo finish equipment, PA systems, CB radios and much more. Whenever OCA had money Mike spent it. So instead of individual promoters having to rent and/or stockpile equipment, this equipment became available to all events big and small.

Dissatisfaction with the United States Cycling Federation came on slowly and climaxed in December of 1998 when they fired all the Regional Representatives in favor of a plan to only utilize 10 people nationwide to service the membership. At this same time alternatives to the insurance provided by the national governing body became more readily available and the question was asked, 'What are we getting back for the dollars that are sent to Colorado Springs?' An annual membership ranged from \$35 to \$50 and then the charge for insurance was about twice what was available commercially. OBRA figured that Oregon alone was sending about \$200,000 annually to USAC in USCF and NORBA membership fees and race permits and surcharges. In exchange we received little in the way of services and now we were not

even getting a local representative. The straw that broke the back was when USAC doubled the permit fees for the weekend day series races. To send a message to Colorado Springs the series promoters choose to insure with an insurance plan purchased by OBRA and to forgo USCF sanctioning. We sent letters to every USAC board, director and staff member explaining why we were doing this and further explaining that it was likely that all Oregon events would do this unless USAC made changes to address our concerns over the diminishing level of service. We only received one response. It became apparent that local racing was not what the governing body was about. It is what OBRA is about, to promote and increase the number of events and racers within the state.

In the fall of 1998 there was a vote of member clubs that was unanimous that we would offer the OBRA insurance plan to all events. This meant that virtually all Oregon events were no longer associated with USAC. We have met with the principle of USAC to see if we could work out our differences but to no avail.

Since the separation, OBRA has been successful beyond our imagination. Our membership swelled to the highest levels ever when David Beede contacted us about branching out into mountain bike racing. The dissatisfaction among NORBA members was even greater than that from the road/track side. Last year we were able to organize a race series amongst the mountain bike races and added them to our already existing email network. This has given them a voice that they have not experienced before. In addition, recently we have developed a automated phone line for race information, purchased an 800 number, established a web presence, and built an email list to distribute race flyers, results and notices at the click of the mouse. This year we also added a chat group that allows members to post for sale items and have discussions.

Now other states have followed our lead. American Bicycle Racing (ABR) in the Midwest, Bicycle Racing Association of Colorado (BRAC - which has now changed its name to American Cycling Association and represents Colorado, Arizona, New Mexico, and parts of Texas) and North California/Nevada

Cycling Association (NCNCA) have all formed a coalition called Federation of Independent Cycling Associations (FIAC). We have started incorporation proceedings and are working toward a shared rulebook and rider reciprocity. No matter what happens, the OBRA membership has chosen to concentrate on cycling within the state. Our 2000 calendar has over 200 days of racing, we offer free membership to juniors and strongly suggest that the race organizers reduce entry fees for those under 18. Our best all around competition has expanded to recognize the outstanding performances in each discipline. Also, new for 2000, we are hosting an Oregon Cup of specific races. One thing to remember is that while we try to give the impression of an organized workforce, volunteers do all of the functions of OBRA; there are no paid positions. What makes it work is that riders know that to get, they must give back also.

OBRA

Letter to Editor

Why is it that this newspaper continually ignores the grass roots mt. biking in the Puget Sound area? Many races are never even mentioned. It's no wonder to me that participation has fallen. If your newspaper would cover them a bit more everyone including you would benefit! Think about it!

Doug Graver
Monroe, WA.

Doug,

I agree with you that there is not enough coverage of these races and events. Being a very small staff here at the Bicycle Paper, it is impossible for us to attend and cover all of the local events. We heavily rely on people like yourself for submissions. We urge our readers to send us results, articles, stories, news bits, photos, etc. on local events and happenings. You are 100% correct that we would all benefit from more coverage!

-Editor

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"Some Things Change" from Page 1

In years past, from the first miles of the first stage, you saw women of lesser form or talent slide quietly off the back. Gately, they chased alone or in small groups, chased all the way to the finish line.

By the time they crossed that line, the stars had all mounted and dismounted the podium. The party was over.

Stage after stage, those women rode big miles with only the broom wagon for company. They were nevertheless thrilled to be in Idaho, racing with their heroes.

In years past, when they got roadside mechanical service, many women were unable to chase back onto the fast-disappearing pack. They didn't have the legs to time trial back into the draft.

Even dropping back to follow-cars was perilous. A rider would slide back for bottles or to hand off a rain jacket. If the pack accelerated suddenly, she could face a long, hard chase. Risky business.

Those days are gone. Women are stronger, and not just the stars.

Now, women in jerseys you don't recognize, women in jerseys that could read Team Tryin' to Finish, those women can do it too. They can chase back on — unless the pack is flying.

In the recent past in women's racing, early on in road races there would be inexplicable crashes among lesser-known

riders. Typically, no Saturn would fall, no Timex. But unlucky women from teams unknown outside their zip codes would litter the road.

It seemed that those awful crashes were inevitable, a sad aspect of women's racing. Now, more women are safe, capable bike-handlers. More and more often, no one crashes. All the women finish on their bikes.

In the recent past in women's racing, speeds were noticeably slower than in men's events. Women's racing tended to be defensive; riders would chase down a break and sit up, their work done.

Or there would be no attempt to break away at all, just a training ride culminating in a field sprint. You did not see the boiling at the front, the constant jumping and testing you see in men's events.

Those days too are gone. There were no easy days last year in Idaho: not the first short, flat day, not the last flat-road, tired day. Attacks went and came back, went and stuck. The faces in the breaks changed, just like men's racing.

At last year's Challenge, a strung-out pack sustained 45mph for miles in a moderate tailwind. Women now use 11-tooth cogs. Brooke Blackwelder used a 56-tooth ring for a stage or two with HER eleven.

You could say: Well, it's the Euros: THEY make the racing fast there. Maybe the hard-charging Euros do change the Idaho chemistry but the jerseys in the breaks aren't all from big-name sponsors or the Dream Team or Eibly, Jeannie Longo-Ciprilli's girls.

Sometimes the jerseys in the break say Gu, or Charles Schwab, or Cox Velo. Or Scapin, or Physical Culture. We're talking homegrown girls here, girls like the roadie next-door, except that these girls can get on top of an eleven. They can chase back on after wheel changes.

Four course records were broken last year in Idaho. Women who'd tell you how tired they were raced hard anyway. Attacks went from the gun. There were hard fights for jerseys too, the under-23, points, sprint and mountain jerseys. Good money went to the women who won those jerseys, money split by agreement among teammates.

So five women on the team devoted their race to supporting one woman, the one with a shot at one of those jerseys and the money.



PHOTO COURTESY OF HP LASERJET WOMEN'S CHALLENGE
Pack of 1999 HP LaserJet Women's Challenge competitors in front of the Sawtooth Mountain Range. Cyclists rode 695 miles in 12 days, climbing 13,870 feet.



PHOTO COURTESY OF HP LASERJET WOMEN'S CHALLENGE
1999 top finishers included riders from Australia, Canada, France and the U.S.

Races within races. No doubt more women are tactically savvy.

They're stronger, faster and smarter, and they're better bike riders, but they're not nicer. Not even a little bit.

Kiwi Sarah Ulmer will still diffuse any fuss you make over her even if she's just won a stage. She broke away to a solo win in 90-degree heat but she wants to know if YOU're okay in the motorcycle gear. Must be awful hot, she says.

Pam Schuster will want to talk about her dog, whose photo you have on your refrigerator at home. Nicole Freedman will make you laugh. Elizabeth Emery will remember something that happened on your visit to Manhattan and SHE'll make you laugh.

Caroline Alexander will invite you to dinner with the British team and they will certainly make you laugh.

Jen Dial will mention Bill, the great old guy from Sun Valley who handed her a few hundred dollars cash two years ago to help with her racing expenses. She'll tell you Bill's son graciously called her with news that Bill had passed away.

Muffy Roy will introduce you to her daughter Zoe. Iona Wynter from Kingston, Jah-May-Kah will remind you not to forget your sunscreen. You'll have breakfast with Mari Holden and Alison Dunlap, everyone will have the French toast, thank you, and you'll hardly mention bike racing over your meal.

You'll deliver a secret letter from a friend to an Elita racer, sliding it under her hotel room door. You'll remember that you never deliver secret letters at men's races. Men's races are boring.

No, the women are not a bit nicer. Improvement in that regard was not possible.

The Women's Challenge, the best experience in bicycle racing, was better than ever in 1999. Thanks to H-P, the race staff, God and everyone's moms, it was the best it's ever been. Bring on Idaho 2000!



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Future stars from Page 1

Now just 21 years old, Busto has become a consistent leader in the regional expert class, winning the Washington Idaho Montana series in 1999. That was not enough, though, and this year he has some ambitious goals to fulfill. He began training in December, taking a quarter off from the University of Washington to ride in the sun of Tucson, AZ. Busto's pre-season training includes up to 600 miles per week, mostly on the road, where he'll do some racing as well. His race bike this year will be his "old" titanium Litespeed Ocoee, with a new Marzocchi Superfly fork. Riding for Seattle Off-Road for his second season, Busto is determined to get his semi-pro upgrade, which means a top 3 finish at either Mt. Snow in Vermont or Crystal Mountain in Washington. While he is finishing up his Engineering degree at the UW, he plans to take his lumps in the semi-pro division for a year or two. From there, Busto thinks he could handle some time in the traveling world of the pro circuit. In the mean time, his goals extend into road and cyclocross as well, but end only with his name in lights.

• Larssyn Staley

If you follow junior racing in Oregon, you have probably heard of Larssyn Staley. At age 14, she has already completed two impressive seasons of track, road, and cyclocross racing. Ever since a family friend referred her to Team Oregon, in 1997, she has showed a passion and talent for racing rare in anyone her age. From the first day coach Bill Cass gave her a Specialized M2 road bike to test ride in a parking lot, she was hooked. Even though her introduction to the team included the all-too-familiar sideways topple with clipless pedals firmly engaged, Team Oregon was

glad to have her and soon began to share their wisdom. Because she is the only junior on her team in Beaverton, Larssyn usually rides with her older teammates, even racing in the men's Cat 3 road races as training. When she finally did race against other juniors, she was surprised to find herself consistently in the lead, winning both the road and time trial competitions at Nationals in her age group.

To keep Larssyn racing at a challenging level, Bill Cass had her enter the senior women's division, where she won the pursuit at the track State Championships last year. Riding 4-6 days per week and competing almost all year, you might think Larssyn has had to give up her normal 14 year-old's life. She doesn't think so; she has enough time to attend public school, participate in her church's

youth group, and see her non-racing friends. She enjoys writing and thinks maybe she will pursue it while in college. At this rate, she'll have a lot to write about, potentially becoming a pro racer before she can even get her driver's license.

• Hank Pfeifle

When Hank Pfeifle is on a road course, his competitors know to be on their guard.



Hank Pfeifle leads his category in the Oregon road racing scene.



Tim "Busto" Erickson is a racer to watch in the Pacific Northwest offroad racing circuit.



Fourteen-year-old Larssyn Staley has already shown two impressive seasons in track, road and cyclocross racing.

He and his Logie Velo teammates have a quite a reputation in the Oregon road racing scene. As Hank puts it, they are an "attack team", not afraid to take chances with their strategy. That might explain why Hank has been among top of the Cat 1 results for the past three years. Although he never makes an issue of it, Hank's top finishes are even more impressive considering he is almost 30 years older than many of his competitors. At age 49, Hank says he "still has the fire" that many people lose after just a few seasons of racing. He is still racing to win, and that's exactly what he does. Ten years ago, Hank decided to give cycling a try with his Nike co-worker, Brad Gephard. With his competitive running background, Hank showed up for his first ride sporting full running gear. Brad had his doubts about this runner changing his ways, but the two have been close friends and teammates ever since. Hank attributes much of his success to three of his favorite riding buddies: Brad, tech guru; Steve Smith, mental guru; and Steve Wright, physical guru. The three of them have been traveling to Europe about once a year to test their skill in the international scene. Last year Hank raced in the UCI Master's World Championships in Austria, taking 7th place overall. He is not sure how much further he will try to go, but the UCI worlds is one he might return to each year. Traveling to races and riding up to 400 miles a week puts a premium on his family time, and he does not want to take advantage of his wife's understanding attitude. She says she will put up with his passion only as long as he is competing well, and of course, having fun. Right now, Hank is having a great time, working hard at what he loves. He says when gives up racing, he will finally relax, maybe taking up squash. In the meantime, his name will undoubtedly mark the top of the results listings in Oregon, the US, and perhaps even Europe.

• Chris Tolonen

One more rider that is sure to make his mark on the racing scene this year is Chris Tolonen of Snoqualmie, WA. Last fall, Chris

won the overall amateur title at the World Duathlon Championships. The race held on October 19th in Huntersville, North Carolina, served as the championship race for over 700 professional and amateur athletes from over 50 countries. The event consisted of a 10k run, a 40k bike, and a closing 5k run. Chris' win was a fitting close to his breakthrough season in the sport. After finishing 5th at the national championship in June, Chris raced as a professional at the Dannon Duathlon race in Illinois last September where he finished a strong 3rd. Chris, originally from Ann Arbor, Michigan also competes in the Seattle Metro Cyclocross series where he placed as high as 7th at the north Seatac senior mens race last fall. Most recently, Chris set a course record while winning the Methow Valley Winter Triathlon this past month in Winthrop, Washington. Chris' main focus this season is on the 7 race national Dannon Duathlon series. He also hopes to make his first World Championship team this year as a professional.

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CLUB DIRECTORY

Why join a club?

Riding with a club can be a great way to share and expand your love of cycling. Whether you are riding for recreation or competition, a club can be a resource for learning more about fitness, environmental issues, training, before you even begin looking, decide what you want out of a club. You may find several in your area, each with a different focus. Some may be centered primarily around racing, while others may be decidedly non-competitive. If you are just beginning to race, look for a club with an emphasis on development, which means they'll be more willing to answer your every question and wait around when you can't keep up. Most importantly, it helps to like your teammates. Attitudes toward cycling and even racing vary widely, so get to know the general personality of the group before you join. Undoubtedly, there are many more clubs than we have listed here. If you know of one we missed, please contact us at editor@seattlepub.com or call 425-355-9322 so we can provide the most complete list possible.

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Capitol Bicycle Club PO Box 761, Salem, 97308 503-585-0483
Team Northwest Tandemonium John Replinger 11825 SW Aspen Ridge, Tigard, 97224 503-775-6234

Washington

Green River Bicycle Club P.O. Box 1209, Auburn, 98002
Whatcom Independent Mtn. Pedalers P.O. Box 2961, Bellingham, 98227
Kamakaze Mtn Bike Club Craig Nunes 12309 104th ST KPN, Gig Harbor, 98329 253-857-3002 or 858-8040
Capital Cycling Club P.O. Box 642, Olympia, 98501 360-754-3420
Puyallup Valley Mountain Rider P.O. Box 1124, Puyallup, 98371
Tri City Bicycle Club PO Box 465, Richland, 99352
North River Racing PO Box 933, Ridgefield, 98642
Lake Washington Velo 3910 Sunnyside Avenue N, Seattle, 98103
Seattle Bicycle Club P.O. Box 31423, Seattle, 98103-1423 206-444-4075
Backcountry Bicycle Trails Club PO Box 12288, Seattle, 98111-3288 206-283-2995
Cascade Bicycle Club P.O. Box 15165, Seattle, 98115-0165 206-522-BIKE
Tacoma Wheelmen's Bicycle PO Box 112078, Tacoma, 98411
Vancouver Bicycle Club P.O. Box 1456, Vancouver, 98668
Wheatland Wheelers P.O. Box 2315, Walla Walla, 99362
Methow Valley Sport Trail Assoc. P.O. Box 147, Winthrop, 98862
Greatful Tread 909 S. 34th Ave., Yakima, 98902
Chinook Cycling Club PO Box 939, Yakima, 509-249-5740



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Biking Gets Even More High Tech

It's another cold, rainy, windy day in the Northwest. Sounds like a great day for a ride! Yea right! So what are you really gonna do? Instead of sitting in front of the tube and dreaming of the perfect summer ride, how about getting interactive? Bikeculttech.com has come up with a great way to spend those days; an interactive CD-ROM called Trials Drive-in 1999.

This CD-Rom is called Trials Drive-in because as the user, your viewpoint is from inside a car at a drive-in movie. You control what you see from your car stereo. The cd features 25 minutes of digital video, interactive articles with hyperlinks that take you right to the pros mailbox and a great screen saver too. Footage Includes riders Jeff Lenosky, Jeremy VanSchoonhoven, Robin Coope, Josh Bean, Chris McNutt, Ryan Leech, Tom Jakab, Vince Spronken, Morley Wilkins, Darren Booth, Shaun Miller, Lance Trappe, Chris Clark, Andrew Fulton, and Josh Barney. Most of the footage takes place at Hornby Island BC Trials Championships, OTrials Magazine Competition, CPTA Finals, Invert '99 Dual Trials, Sand Hill Ranch Finals, MT Hood Trials, local urban destruction, and the Squamish Test of Metal. If this is still not enough for you, there is some insane footage



of pro BMXers and skaters as well as miscellaneous mayhem.

Those that embrace high tech cycling like cycle computers, Internet, etc, will enjoy this product. Installation is a breeze! The interface is easy to navigate through even for an amateur computer user. Most of the video footage was well filmed and clear. Having seen very little trials footage, I sat amazed. And did I mention that they crash! Boy do they crash! Ouch!! On the negative side, there is a bit of profanity (cover your ears), and it's not available for the Macintosh. Overall though, a great product that embraces modern technology and provides entertainment for those nasty Northwest days! This is the first of its kind from Bikeculttech.com but they assure us there will be more from them in the future. For more information and ordering, contact Bikeculttech.com their website (www.bikeculttech.com) or at:

Bikeculttech.com
347 Pipebend Place Suite #120
Salem, OR 97301
800-208-4433
503-399-0493 FAX
ron @ bikeculttech.com



Interbike supports LAB

Interbike is providing \$5000 to jumpstart the League of American Bicyclists' Bicycle-Friendly Communities Campaign, a national grassroots program to encourage cycling town by town, city by city. The Bicycle-Friendly Communities Campaign is designed to encourage, educate and reward individual communities for fostering a bicycle-friendly environment.

"We would like to recognize communities that are doing a good job of making their communities cycling accessible. Everybody knows where there's good infrastructure for cycling, sales of bikes are good," said Mike Greehan, Interbike's Advocacy Director.

The Bicycle-Friendly Communities Campaign recognizes local efforts, promotes the benefits of cycling and educates community leaders. Communities apply and then are chosen for the designation based on how well

they are set up for and support cycling, including providing local programs to promote cycling, building and expanding safe bikeways, and designating safe routes between residential areas, businesses and schools. The League helps communities that meet the criteria to organize public award ceremonies and announce the designation to local media to increase public awareness of the need for a more bicycle-friendly America.

The League of American Bicyclists is the national membership organization of cyclists. Founded in 1880, it promotes cycling for fun, fitness and transportation, and works through advocacy and education for a bicycle-friendly America. Membership includes 35,000 individuals, 455 recreational clubs, and 50 advocacy organizations. For more information, visit www.bikeleague.org.



Raffle to Benefit Green Lake Community Center; \$2,000 Mountain Bike Main Prize

A Gary Fisher model Z1 mountain bike will be the main prize of a raffle to benefit the Green Lake Community Center and Evans Pool. Vitamilk Dairy donated the bike, which has a retail value of \$2,000. In addition, hundreds of dollars worth of other prizes donated by local area businesses will be given as raffle prizes. The proceeds will benefit the Green Lake Community Center Advisory Council. The advisory council uses funds that it raises for things such as sponsoring kids for swimming and day camp, special events, such as the Evans Pool Halloween Swim, and free swims during Youth Appreciation Week, and to augment funds for the purchase of equipment and amenities for the Green Lake Community Center and Evans Pool.

Raffle tickets are \$2 and are available at the Green Lake Community Center/Evans Pool, at 7201 E. Green Lake Dr. N. The drawing will be held at the spring potluck lunch to be held between 11:30 a.m. and



PHOTO COURTESY OF CITY OF SEATTLE

Gary Fisher Z1 mountain bike is the main prize in a raffle to benefit Seattle's Green Lake Community Center.

2:30 p.m. on Saturday April 29, poolside at Evans Pool at the Community Center. One need not be present to win. Pool admission is free to those bringing a dish to the potluck. Bring a swim suit, potluck dish, friends and family to enjoy live music, food and free massage and, if you are lucky, to pick up your bike.



Pedal for a Purpose; Raise money for Charity and ride the STP for free

Cyclists can now raise money for Northwest charities while participating in the STP. This is a great way to give back to the community. Plus, riders who raise over \$350.00, may enter the STP for free! Additional prizes are available for higher levels of fund raising as well. To receive information packets and pledge sheets for volunteering, contact any or all of the following charities:

- American Diabetes Association: Carol Stripling, (206) 282-4616 ext.7206, e-mail cstripli@diabetes.org

- American Lung Association of Washington: Caroline Hughes, (206) 441-5100, ext. 19, or (800) 732-9339, e-mail hughes@alaw.org <http://www.alaw.org>

- Boys and Girls Clubs of the Olympic Peninsula: Carla Abrams, (360) 417-2831, e-mail mtabglcb@olympen.com

- Fred Hutchinson Cancer Research Center: Gregory Malcolm, (206) 667-4149, e-mail gmalcolm@fhcrc.org

- Kinderling Center: Bob Gaines: (425) 703-5816 e-mail bgaines@microsoft.com <http://www.kinderling.org>

- National Multiple Sclerosis Society: Angie Santo, (206) 284-4236, e-mail angie@nmsswas.org

- Ride for a Reason: Mary Harding, (206) 915-1411, e-mail ride@dynnet.com



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Welcome to the Pacific Northwest's most comprehensive bicycle calendar

All events are listed chronologically within their respective sections: **Events** (clinics, expositions, lectures, etc), **Offroad Racing** (competition featuring single-track, cyclocross and other off-road riding), **Offroad Touring** (rides and spectator events featuring single-track and other off-road riding) **Rides & Tours** (often 15 to 200 mile rides on roads for any type of bicycle), **Series Races** (competition repeated on three or more weekends), **Single Races** (bicycle competition), **Track Races** (competition in the velodrome) and **Multisport** (events that include bicycling as a part of the competition).

If you are an event promoter or organizer and your event is not listed, please write, call, fax or e-mail information to us and we will gladly list it. Please send your event information in the same style and format as seen here. Further, any changes should be handled the same way.

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Events

- Apr 2: Gold Cup Qualifier - Triple Point Event. Peninsula Indos BMX, Port Orchard, Washington. Sign up 10-11am. Mike Raich, 206-246-2661, bmxmike@x.netcom.com.
- Apr 16: Ridge to River Relay. Wenatchee, WA. 19th annual. Starts at top of Mission Ridge: Nordic ski, Alpine ski, run, bike, ends with water leg where participants canoe or kayak to Wenatchee. Teams of 2 to 6 or solo. Susan Frese, Ridge to River Relay, P.O. Box 3961, Wenatchee, WA, 98807. 509-662-8799 www.r2r.org
- Apr 29: Lynnwood REI Cyclefest. 4200 194th st SW, Lynnwood, WA. Talk to bike and gear reps., mini clinics, demos, safety tips, get fitted for a bike, test ride different styles and brands, energy bar tasting, drawings and more. Hours 11am - 5pm. 425-7741300
- May 19: Bike to Work Day. Puget Sound area. Twenty-five different work stations staffed 6-9 am, promoting the eighth annual event. Stop at one of the stations to receive free maps, refreshments and souvenirs. Event t-shirt available for sale. Cascade Bicycle Club, P.O. Box 31299, Seattle, WA, 98103. 206-523-1952

Offroad

- Apr 2: Battle in Seattle, WIM #1. South Seatac Park, Seatac, WA. 400 participants. Cross-country racing for all ages and ability levels. Gino Lisiecki, Round and Round Productions, 418 E. Pacific, Ste 6, Spokane, WA, 99202. 509-455-7657, coss@roundandround.com
- Apr 2: Sagebrush Singletrack Series. Kennewick, WA. Chamma Preserve course. Kevin Axt, 509-736-1331, mtmwf@yahoo.com.
- Apr 9: Vanier Park Enduro. Vancouver, BC. cross country event. Harp Sohi, EMP, 109-1355 West 4th Ave., Vancouver, BC, V6H 3Y8. 604-713-5207, hsohi@idmail.com.
- Apr 9: Muddslinger. Oregon. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com
- Apr 9: Finley Hills Challenge. Kennewick, WA. Kevin Axt, 509-736-1331, mtmwf@yahoo.com.
- Apr 16: Cascade Chainbreaker. Bend, OR. 1999 Oregon Off-Road Series #2, cross-country. Sally Russenberger, Russell Resources, 442 NW State St., Bend, OR, 97701. 541-389-3295
- Apr 16: 9th Annual Beartrax & Beeswax Race. Tahuya Forest near Belfair, WA. Longest standing classic mountain bike race in WA state with an average of 400 participants. Proceeds go to STMC trail maintenance fund. Michael Curley, Single Track Minds Cycling, 253-566-0359
- Apr 22: Big K Mountain Bike Festival. Elktion, OR. 1999 Oregon Off-Road Series #3, cross-country. Mitch LaMowe, The Bicycle Shop, 1217 NE Walnut, Roseburg, OR, 97470. 541-957-1020, frameman@mcsi.net.
- Apr 22: 7th Annual Padden Mountain Pedal. Lake Padden Recreation Area, Bellingham, WA. Classic Pacific Northwest race. Cross-country, trials, kids rodeo & fun race. Lodging information available at Kuisshan Cycles 360-733-6440. Fairhaven Mtn Sports, 360-733-4433, mp@konaword.com, mtbzone.com.
- Apr 22: Big K. Oregon. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com
- Apr 29-30: Chelan Mountain Bike Festival, WIM #2. Chelan, WA. Cross-country and downhill racing for all ages and ability levels. Gino Lisiecki, Round and Round Productions, 418 E. Pacific, Ste 6, Spokane, WA, 99202. 509-455-7657, coss@roundandround.com
- Apr 30: Ridge Classic. Belcarra, BC. cross country event. Harp Sohi, EMP, 109-1355 West 4th Ave., Vancouver, BC, V6H 3Y8. 604-713-5207, hsohi@idmail.com.
- Apr 30: Bear Creek Mt Hood. Oregon. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com
- May 5-7: Hammerfest. Parksville, BC. Cross country and downhill. Brian Lunn, 521 Fourneau Wy., Parksville, BC, V9P 2J7. 250-248-5441
- May 6-7: Bear Creek Mt Hood. Oregon. Downhill and dual slalom. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com
- May 7: Spring Thaw. Lithia Park, Ashland, OR. Russ Rickett, Siskiyou Velo, 164 Alameda, Ashland, OR, 97520. 541-482-8704
- May 7: The Bike Shop on Grand MTB 2000. Billings, MT. Cross country. The Bike Shop, 1934 Grand Ave., Billings, MT, 59102. 406-652-1202, bts@bcoco.net.
- May 13: Over the Top. Capitol Forest, Olympia, WA. Cross country MTB race, it will start at approx. 350 ft. elevation and will traverse up to the 2659 ft. peak and continue over the top into a semi-technical single track descent back to the starting point. \$300.00 FIRST PRIZE! - sign-up 8:00 to 9:30 am. race starts @ 10:00 AM. \$25 entry fee (\$35 if postmarked after 4/29/00) Eric Kackley, 11639 Waddell Creek Road SW, Olympia, WA, 98512, (360) 704-3315, thepeak@bcoco.net.
- May 14: British Columbia High School Invitational Mountain Bike Championships. Victoria, BC. Five categories: Petite (grade 6-7), Junior (grade 8), Juvenile (grade 9), Youth (grade 10) and Senior (grade 11-12). Six kilometer lap. Awards for top five individuals and for teams. Sam Scorda, Argyle Secondary School, 1131 Fredrick Road, North Vancouver, BC, V7K 1J3. 604-985-3181
- May 14: Race at Reehers. Oregon. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com

- May 20-21: Boneshaker Mountain Bike Bash, WIM #3. Winthrop, WA. Cross-country and downhill racing for all ages and ability levels. Gino Lisiecki, Round and Round Productions, 418 E. Pacific, Ste 6, Spokane, WA, 99202. 509-455-7657, coss@roundandround.com
- May 21: Coast Hills Mountain Bike Classic. Newport, OR. Part of the OBRA series. Awesome singletrack, fast descents & challenging climbs. Fundraiser for high school mountain bike club & honor society. Dave Campbell, c/o Newport High School, 322 NE Eads Street, Newport, OR, 97365. 541-574-0327, dave_campbell@incolin.k12.or.us.
- May 27-29: Orcas Island Memorial Weekend. Orcas Island, WA. 3 day non-structured event. Just bring bike and sleeping bag. 4.7 mile ride to camp. Activities at camp include biking, hiking, boating, canoeing, and more. Limited to 130 people. Cost: \$84 for adults, \$50 children under 12. Price includes round trip ferry, cabins, and food for 3 days. \$1 per rider will be donated to Bicycle Alliance. 425-235-7774
- May 27-28: Round the Clock: 24 hour Mountain Bike Race. Riverside State Park, Spokane, WA. Choose from solo or several team classifications. 11 mile course. Racing from noon Saturday to noon Sunday. On site camping. Gino Lisiecki, Round and Round Productions, 418 E. Pacific, Ste 6, Spokane, WA, 99202. 509-455-7657, coss@roundandround.com
- May 28: Race Around The Bend. Bend, OR. 1999 Oregon Off-Road Series #8, cross-country. Sally Russenberger, Russell Resources, 442 NW State St., Bend, OR, 97701. 541-389-3295
- May 28: Snowden Slug Slam. Campbell River, BC. Cross country. Dan Clements, Campbell River Sprocket Rockets, 742 Birch St., Campbell River, BC, V9W 2T4. 250-286-6340, lemmings@island.net, www.slugslam.com.
- May 28: Hutch's Hustle. Bend, Oregon. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com
- Apr 8: The 4th Annual Rasta Relay. Sandpoint, ID. Schweitzer Mountain Resort. 3 stage race for all ages & abilities: downhill skiing, cross-country skiing, and mountain biking. 1pm start. Proceeds go to North Idaho Bikeways. Post-event entertainment: Reggae Angels. Alpine Designs, 1-800-263-9373

Race Series

- to Dec 31: Maple Valley Saturday Road Rides. Maple Valley, WA. 40 to 70 mile road training ride every saturday. 8 a.m. start. Varying pace (18-21 mph average). Snow/ice cancels. Meet at Four Corners Shopping Center (behind car wash). Brett Curle, 16524 132nd Pl. SE, Renton, WA, 98058. 425-271-6057
- Mar 4-26: Spring Series Road Races. Vancouver, B.C. Club races. Ted Ritter, Escape Velocity Cycling Club, 2964 West Eighth Ave., Vancouver, BC, V6K 1C1. 604-733-6947 www.escapevelocity.bc.ca.
- Mar 4-18: Mason Lake Road Race Series. Mason Lake, WA. Road race series at Mason County Park. \$15 per race. Rolling 13 mile loop around Mason Lake. No major climbs. David Douglas, Event Promoter, 4207 S.W Hill Street, Seattle, WA, 98116. 206-932-5921, pazzo@accessone.com www.pazzovelo.com.
- Mar 5-19: Banana Belt Road Race. Oregon. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com
- Apr 2-Aug 29: WIM Mountain Bike Racing Series. Gino Lisiecki, Round and Round Productions, 418 E. Pacific, Ste 6, Spokane, WA, 99202. 509-455-7657, coss@roundandround.com
- Apr 6-Aug 24: Seward Park Cycling Series. Seattle, WA. Criterium every Thursday night. \$8 per night. 8 mile loop inside Seward Park with one 120 degree turn and 100 yard hill. David Douglas, Event Promoter, 4207 S.W Hill Street, Seattle, WA, 98116. 206-932-5921, pazzo@accessone.com
- Apr 11-Aug 29: Weider Road Race Series. Kent, WA. Tuesday night road race series at SIR. Sponsored by Weider. Every Tuesday Night (except 7/25 & 8/22) @ 7 p.m. Groups: Cat 1, 2, 3; Cat 4, 5; Masters 35+. Tracy Jolly, 267 E. Newton #A, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com.
- May 1-Aug 28: Monday Night Masters & Women PIR Series. Portland, OR. Flat, smooth closed course. Registration starts at 5:30 pm and racing starts at 6:30 pm. \$11 registration. Jim Anderson, 503-975-8229, sparky@teleport.com
- May 2-Aug 29: Adidas World Tuesday Night Championships. Victoria, B.C. Ted Ritter, Escape Velocity Cycling Club, 2964 West Eighth Ave., Vancouver, BC, V6K 1C1. 604-733-6947 www.escapevelocity.bc.ca.
- May 4-Sep 28: Alpenrose Weekly Series. Portland, OR. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com
- May 9-Sep 5: Tuesday Night Track Training. Marymoor Park, Redmond, WA. Marymoor Velodrome Association & Puget Sound Cycling Club. Training is free with waiver. Must have taken an MVA track class or have at least a Cat 4 USCF track license. Ethan Megjines, Marymoor Velodrome Association, 206-675-1424
- May 19-Sep 8: Friday Night Racing. Marymoor Park, Redmond, WA. Races every Wednesday by the Marymoor Velodrome Association & Lake Washington Velo. \$12 for Cat 4, Women, Junior and Master racers. Spectators are welcome (free). Ethan Megjines, Marymoor Velodrome Association, 206-675-1424, ethan@pdrns.com
- May 19-Sep 8: Friday Night Racing. Marymoor Park, Redmond, WA. Races every Friday by the Marymoor Velodrome Association. \$12 for Cat 1/2/3 and Women. Spectators are welcome: \$3 (\$10 for families), except 6/30 9/1 Ethan Megjines, Marymoor Velodrome Association, 206-675-1424



Dale Knapp clears a barrier at during the 1999 cyclocross season.

Road Racing

- Apr 1: Southern Oregon Time Trial. Oregon. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com
- Apr 2: Estacada Time Trial. Oregon. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com
- Apr 6: Seward Park Cycling Series. Seattle, WA. Criterium every Thursday night. \$8 per night. 8 mile loop inside Seward Park with one 120 degree turn and 100 yard hill. David Douglas, Event Promoter, 4207 S.W Hill Street, Seattle, WA, 98116. 206-932-5921, pazzo@accessone.com
- Apr 8: Kings Valley Road Race. Near Corvallis, OR. A rolling course perfect for the strong man/woman. 19.5 mile loop on good to excellent roads. Perfect tune-up for the Tour of Willamette. Scott Goldstein, Classic Events, 2290 Corinthian Court, Eugene, OR, 97405. 541-343-4833
- Apr 9: Vashon Island Circuit Race. Vashon Island, WA. Road race at Reddings Beach Rd. \$20. 3 mile circuit with a 7% 1/2 mile climb each lap. David Douglas, Event Promoter, 4207 S.W Hill Street, Seattle, WA, 98116. 206-932-5921, pazzo@accessone.com
- Apr 11-16: Tour of Willamette. Eugene, OR. Larry Smith, Tour of the Willamette, 1888 Lincoln Street, Eugene, OR, 97401. 541-293-6505
- Apr 11: Weider Road Race Series. Kent, WA. Tuesday night road race series at SIR. Sponsored by Weider. Every Tuesday Night (except 7/25 & 8/1) @ 7 p.m. Groups: Cat 1, 2, 3; Cat 4, 5; Masters 35+. Tracy Jolly, 267 E. Newton #A, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com.
- Apr 11: Weider Road Race Series. Kent, WA. Tuesday night road race series at SIR. Sponsored by Weider. Every Tuesday Night (except 7/25 & 8/1) @ 7 p.m. Groups: Cat 1, 2, 3; Cat 4, 5; Masters 35+. Tracy Jolly, 267 E. Newton #A, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com.
- Apr 13: Seward Park Cycling Series. Seattle, WA. Criterium every Thursday night. \$8 per night. 8 mile loop inside Seward Park with one 120 degree turn and 100 yard hill. David Douglas, Event Promoter, 4207 S.W Hill Street, Seattle, WA, 98116. 206-932-5921, pazzo@accessone.com
- Apr 16: Boat Street Criterium. 1011 NE Boat St. Seattle, WA 98105. 1st Annual. Entry Fees: Pro/1, 2, \$22.00, Category 3-4.5, Masters, Women \$18.00, Citizens \$12.00, Juniors \$12.00 and Kids under 12 race free. No pre-registration or late fees! Call or visit website for more info. 206-547-4491 www.recycledcycles.com.
- Apr 16: Boat Street Criterium. 1007 Boat St. Seattle, WA. Entry fees: Pro/1, 2 - \$22.00, Cat 3, 4, 5, masters, women - \$18.00, Seniors & Juniors - \$12.00, Children under 12 race free Robert Trombley, 206-579-0671, rtrombley@hotmail.com.
- Apr 18: Seward Park Spring Classic. Seattle, WA. David Douglas, Event Promoter, 4207 S.W Hill Street, Seattle, WA, 98116. 206-932-5921, pazzo@accessone.com
- Apr 18: Weider Road Race Series. Kent, WA. Tuesday night road race series at SIR. Sponsored by Weider. Every Tuesday Night (except 7/25 & 8/1) @ 7 p.m. Groups: Cat 1, 2, 3; Cat 4, 5; Masters 35+. Tracy Jolly, 267 E. Newton #A, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com.
- Apr 20: Seward Park Cycling Series. Seattle, WA. Criterium every Thursday night. \$8 per night. 8 mile loop inside Seward Park with one 120 degree turn and 100 yard hill. David Douglas, Event Promoter, 4207 S.W Hill Street, Seattle, WA, 98116. 206-932-5921, pazzo@accessone.com
- Apr 22-23: Bobcat Classic Collegiate Race. Bozeman, MT. Collegiate riders only. Jeremy Martin, jeremym@montana.edu.
- Apr 25: Weider Road Race Series. Kent, WA. Tuesday night road race series at SIR. Sponsored by Weider. Every Tuesday Night (except 7/25 & 8/1) @ 7 p.m. Groups: Cat 1, 2, 3; Cat 4, 5; Masters 35+. Tracy Jolly, 267 E. Newton #A, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com.
- Apr 27: Seward Park Cycling Series. Seattle, WA. Criterium every Thursday night. \$8 per night. 8 mile loop inside Seward Park with one 120 degree turn and 100 yard hill. David Douglas, Event Promoter, 4207 S.W Hill Street, Seattle, WA, 98116. 206-932-5921, pazzo@accessone.com
- Apr 29: Warp Speed Time Trial. North Vancouver, BC. Jonathan Wornell, Soltion Cycling Club, 604-984-7433, gearheads@canada.com, jwornell@ada.com.
- Apr 29-30: Tour of Walla Walla. Walla Walla, WA. Stage One - Road Race! The course is a 13.3-mile loop of gently rolling terrain. Stage Two - Time Trial; Flat, with a couple very gentle rollers, 11-mile out-and-back. Stage Three - Criterium; Flat. 6 corners on bumpy roads downtown (2nd Av exit off Hwy 12), Steve Rapp, 701 Boyer Ave, Walla Walla, WA, 99362. 509-527-8724, rapps@whitman.edu, http://www.wallawalla.com/nwcc.htm.

Find event results at www.bicyclepaper.com

CALENDAR

- May 1: Monday Night Masters & Women PIR Series. Portland, OR. Flat, smooth closed course. Registration starts at 5:30 pm and racing starts at 6:30 pm. \$11 registration. Jim Anderson, 503-975-8229, sparky@teleport.com, www.obra.org.
- May 2: Weider Road Race Series. Kent, WA. Tuesday night road race series at SIR. Sponsored by Weider. Every Tuesday Night (except 7/25 & 8/1) @ 7 p.m. Groups: Cat 1, 2, 3; Cat 4, 5; Masters 35+. Tracy Jolly, 267 E. Newton #A, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com.
- May 2: Adidas World Tuesday Night Championships . Victoria, B.C., Ted Ritter, Escape Velocity Cycling Club, 2964 West Eighth Ave., Vancouver, BC, V6K 1C1. 604-733-6947 www.escapevelocity.bc.ca.
- May 4: Seward Park Cycling Series. Seattle, WA. Criterion every Thursday night. \$8 per night. .8 mile loop inside Seward Park with one 120 degree turn and 100 yard hill. David Douglas, Event Promoter, 4207 S.W. Hill Street, Seattle, WA, 98116. 206-932-5921, pazz@accessone.com, www.pazzovelo.com.
- May 6: Tour de Vine Criterium. Pentiction, BC. Bernie Hiltz, Pentiction Cycling Club, 115-3030 South Main St., Pentiction, BC, V2A 5J6. 250-493-6346
- May 7: BC Classic Criterium. Langley, BC. Jeremy Storm, Escape Velocity Cycling Club, 2964 West Eighth Ave., Vancouver, BC, V6K 2C1. 604-733-6947 www.escapevelocity.bc.ca.
- May 7: State Championship Road Race. Longbranch, WA. David Douglas, Event Promoter, 4207 S.W. Hill Street, Seattle, WA, 98116. 206-932-5921, pazz@accessone.com, www.pazzovelo.com.
- May 8: Monday Night Masters & Women PIR Series. Portland, OR. Flat, smooth closed course. Registration starts at 5:30 pm and racing starts at 6:30 pm. \$11 registration. Jim Anderson, 503-975-8229, sparky@teleport.com, www.obra.org.
- May 9: Weider Road Race Series. Kent, WA. Tuesday night road race series at SIR. Sponsored by Weider. Every Tuesday Night (except 7/25 & 8/1) @ 7 p.m. Groups: Cat 1, 2, 3; Cat 4, 5; Masters 35+. Tracy Jolly, 267 E. Newton #A, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com.
- May 9: Adidas World Tuesday Night Championships . Victoria, B.C., Ted Ritter, Escape Velocity Cycling Club, 2964 West Eighth Ave., Vancouver, BC, V6K 1C1. 604-733-6947 www.escapevelocity.bc.ca.
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- May 13: Seward Park Summer Classic. Seattle, WA. David Douglas, Event Promoter, 4207 S.W. Hill Street, Seattle, WA, 98116. 206-932-5921, pazz@accessone.com, www.pazzovelo.com.
- May 15: Monday Night Masters & Women PIR Series. Portland, OR. Flat, smooth closed course. Registration starts at 5:30 pm and racing starts at 6:30 pm. \$11 registration. Jim Anderson, 503-975-8229, sparky@teleport.com, www.obra.org.
- May 16: Weider Road Race Series. Kent, WA. Tuesday night road race series at SIR. Sponsored by Weider. Every Tuesday Night (except 7/25 & 8/1) @ 7 p.m. Groups: Cat 1, 2, 3; Cat 4, 5; Masters 35+. Tracy Jolly, 267 E. Newton #A, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com.
- May 16: Adidas World Tuesday Night Championships . Victoria, B.C., Ted Ritter, Escape Velocity Cycling Club, 2964 West Eighth Ave., Vancouver, BC, V6K 1C1. 604-733-6947 www.escapevelocity.bc.ca.
- May 18: Seward Park Cycling Series. Seattle, WA. Criterion every Thursday night. \$8 per night. .8 mile loop inside Seward Park with one 120 degree turn and 100 yard hill. David Douglas, Event Promoter, 4207 S.W. Hill Street, Seattle, WA, 98116. 206-932-5921,
- pazz@accessone.com, www.pazzovelo.com.
- May 20-21: Enumclaw Stage Race. Enumclaw, WA. Pat Carroll, TiCycles, 206-855-8017, TIRacingPC@aol.com.
- May 21: Beaverton Grand Prix. Oregon. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com, www.obra.org/.
- May 22: Monday Night Masters & Women PIR Series. Portland, OR. Flat, smooth closed course. Registration starts at 5:30 pm and racing starts at 6:30 pm. \$11 registration. Jim Anderson, 503-975-8229, sparky@teleport.com, www.obra.org.
- May 23: Weider Road Race Series. Kent, WA. Tuesday night road race series at SIR. Sponsored by Weider. Every Tuesday Night (except 7/25 & 8/1) @ 7 p.m. Groups: Cat 1, 2, 3; Cat 4, 5; Masters 35+. Tracy Jolly, 267 E. Newton #A, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com.
- May 23: Adidas World Tuesday Night Championships . Victoria, B.C., Ted Ritter, Escape Velocity Cycling Club, 2964 West Eighth Ave., Vancouver, BC, V6K 1C1. 604-733-6947 www.escapevelocity.bc.ca.
- May 25: Seward Park Cycling Series. Seattle, WA. Criterion every Thursday night. \$8 per night. .8 mile loop inside Seward Park with one 120 degree turn and 100 yard hill. David Douglas, Event Promoter, 4207 S.W. Hill Street, Seattle, WA, 98116. 206-932-5921, pazz@accessone.com, www.pazzovelo.com.
- May 27: Larch Mountain Hillclimb. Oregon. Candi Murray, OBRA, cmurray@teleport.com or obra@teleport.com, www.obra.org/.
- May 30: Weider Road Race Series. Kent, WA. Tuesday night road race series at SIR. Sponsored by Weider. Every Tuesday Night (except 7/25 & 8/1) @ 7 p.m. Groups: Cat 1, 2, 3; Cat 4, 5; Masters 35+. Tracy Jolly, 267 E. Newton #A, Seattle, WA, 98102. 206-322-0072, tjolly@seattlemortgage.com.
- May 30: Adidas World Tuesday Night Championships . Victoria, B.C., Ted Ritter, Escape Velocity Cycling Club, 2964 West Eighth Ave., Vancouver, BC, V6K 1C1. 604-733-6947 www.escapevelocity.bc.ca.

Rides & Tours

- Apr 1: 200K Ride. Vancouver Island, BC. Stephen Hinde, BC Randonneurs, 250-245-4751, randos@island.net, www.island.net/~randos/index.html.
- Apr 1: 200km Brevet. Mark Thomas, 206-612-4700, mark.thomas@lightmail.com, http://www.geocities.com/Pipeline/5293/.
- Apr 7-Jun 29: Trans America Millennium Tour. Yorktown, VA - Florence, OR. Virginia to the Oregon Coast. All Women 84 day tour, van supported. 3-4 week segments available. Woman Tours, Box 931, Driggs, ID, 83422. 800-247-1444, www.womantours.com.
- Apr 8: Peace Populaire. Peace River, BC. Wim Kok, BC Randonneurs, 250-785-4589, wko@enlbc.ca, www.island.net/~randos/index.html.
- Apr 10-22: Tunisia Odyssey: Historic North. Tunisia. Extraordinary concentration of archeological, cultural & religious sites. Paved roads, long hills. David Mozer, International Bicycle Fund, 4887 Columbia Drive South, Seattle, WA, 98108-1919. 206-767-0848, ibike@ibike.org, www.ibike.org.
- Apr 14-16: Fleche NW. Mark Thomas, 206-612-4700, mark.thomas@lightmail.com, http://www.geocities.com/Pipeline/5293/.
- Apr 16: 25th Annual Daffodil Classic. Orting, WA, 20, 50, 70, 100 mile routes. Pre-reg: \$12 (person), \$30 (family) until 4/1, \$18 T-shirt. Limit 2,000. Foothills Trail fun ride (pre-reg only). On-site reg: 7am-noon, Orting Elem: \$15, \$35 20, Karen or Jan, Tacoma Wheelmen's Bicycle Club, P.O. Box 112078, Tacoma, WA, 98411. 253-752-0764 or 253-759-6984, daffodil@twbc.org, http://www.twbc.org.
- Apr 16: Guacamole Grande. Fallbrook, CA, 10, 20, or 50 miles. Entry fee:

- \$10-15, 20 & 50- \$26 Randy Lee, SCOR Cardiac Cyclists Club, P.O. Box 9065, Brea, CA, 92822. 562-690-9693
- Apr 16-23: Hawaii Tour. Hilo, Hawaii. 6 & 8 day tours available. Cycling highlights: Kilauea Crater rim ride; 30 mile descent down Mauna Loa Volcano; Kona Coast; Ironman bicycle route. Designated: Beginner to advanced. Free brochure available. Bicycle Adventures, P.O. Box 11219, Olympia, WA, 98508. 360-786-0989 or 800-443-6060 www.bicyclesadventures.com.
- Apr 22: 300K Ride. Vancouver Island, BC. Stephen Hinde, BC Randonneurs, 250-245-4751, randos@island.net, www.island.net/~randos/index.html.
- Apr 22: 200K Ride. Kamloops, BC. Bob Boonstra, BC Randonneurs, 250-828-2869, John.Bates@CHydro.bc.ca, www.island.net/~randos/index.html.
- Apr 23-28: Golden California Tour. Santa Barbara, CA. 6 day tour. Cycling highlights: Vineyards of the Santa Ynez Valley, Montana De Oro State Park, Big Sur. Designated: All levels. Free brochure available. Bicycle Adventures, P.O. Box 11219, Olympia, WA, 98508. 360-786-0989 or 800-443-6060 www.bicyclesadventures.com.
- Apr 30: Sunnyside Sports Anniversary & Bike-a-Roo Breakfast Ride. Bend, OR. A quality pancake breakfast followed by a 25 mile road ride Susan Bonnaquer, Sunnyside Sports, 930 NW Newport Ave., Bend, OR, 97701. 541-382-8018, www.sunnysidesports.com.
- Apr 30-May 5: Golden California Tour. Santa Barbara, CA. 6 day tour. Cycling highlights: Vineyards of the Santa Ynez Valley, Montana De Oro State Park, Big Sur. Designated: All levels. Free brochure available. Bicycle Adventures, P.O. Box 11219, Olympia, WA, 98508. 360-786-0989 or 800-443-6060 www.bicyclesadventures.com.
- May 1-Oct 31: San Juan Islands 6 Day Tour. La Corner, WA. Departs every Sunday May-October. Highlights: La Conner; Lopez Islands; Orcas Island; San Juan Island. Designated: all abilities. Free brochure available. Bicycle Adventures, P.O. Box 11219, Olympia, WA, 98508. 360-786-0989 or 800-443-6060 www.bicyclesadventures.com.
- May 5-7: Martha's Vineyard Bike Trek. Martha's Vineyard, MA. Tour island, two days, two meals per day. Highlights: New England Inns, cliffs, history, Jennifer, American Lung Association of Massachusetts, 1 Abbey Lane, Middleboro, MA, 02346. 508-947-7204, alam@gis.net.
- May 5-7: Fleche Pacificque. Lower Mainland, BC. John Bates, BC Randonneurs, 604-856-0448, John.Bates@CHydro.bc.ca, www.island.net/~randos/index.html.
- May 6: Ride Around Clark County- 16th Annual. Clark County, WA. Starts Clark Community College, 6:30-8:45 am. 18, 34, 65, 100 mile options. Pre-reg. by 4/24; \$14 (plus \$10 for T-shirt); Day-of: \$19 (no shirt). Part of proceeds donated. Scott Martin, 360-834-6737, smartin80@juno.com.
- May 6-7: Tour de Vine. Pentiction, BC. Ron Hayman, 329 Lower Bench Rd., Pentiction, BC, V2A 8V4.
- May 7: Monster Cookie Metric Century Bicycle Ride. State Capitol Mall, Salem, OR. Recreational ride through backroads to Champcoq State Park and back. Entry fee is for map, rider ID# & checkpoint services. Full-service checkpoints including toilet facilities along the route. Snacks, fruit & refreshments will be available. Doug Parrow, Salem Bicycle Club, P.O. Box 2224, Salem, OR, 97308. 503-390-9558, dparrow@teleport.com, salembicycleclub.org.
- May 7-12: Golden California Tour. Santa Barbara, CA. 6 day tour. Cycling highlights: Vineyards of the Santa Ynez Valley, Montana De Oro State Park, Big Sur. Designated: All levels. Free brochure available. Bicycle Adventures, P.O. Box 11219, Olympia, WA, 98508. 360-786-0989 or 800-443-6060 www.bicyclesadventures.com.
- May 7: Camano Climb. Stanwood, WA. 35 or 50 Mile scenic bicycle ride around the perimeter of Camano Island (approx 1 hr north of Seattle). Spectacular views of the Cascade and Olympic Mountain ranges, Skagit Bay, Port Susan, Saratoga Passage and Whidbey Island. Don, 360-629-

- 6415, velo@whidbey.net ,
- May 13: 18th Annual Historical Lewis County Bicycle Ride. Chehalis, WA. 20, 46, 72 & 100 mile courses. Register/start between 7-9:30am. Start/finish at Stan Hedwall Park. Food/drink/rest stops, course map, marked course, narrative & sagwagun . Joe Cleary, Lewis County Recreation, 360 NW North St. MS:CS001, Chehalis, WA, 98532. 360-740-1135
- May 13: Skagit Classic Bicycle Ride. Burlington, WA. Starts at Bayview Elementary School. 25, 40, 62, 100 mile options. Neal Rothenbuhler, P.O. Box 363, Burlington, WA, 98233. 360-595-2357, neal@pacificrim.net.
- May 13: Grants Pass Bike Fair. Grants Pass, OR. All Sports Park. Competitive & non-competitive rides, safety inspections, product displays and demonstrations. Mark Lansing, Mark Lansing Law Office, 242 NW E. St., Grants Pass, OR, 97526. 541-471-9239
- May 13-14: Scenic Tour of the Kootenai River (STOHR) 2000. Montana. 6th annual ride. Two-day tour in remote northwest Montana (just 3 hrs northeast of Spokane). Limit: 250 riders; 5/13: 98 or 45 mile options. 5/14: 40 mile loop. \$40, benefits local Habitat for Humanity affiliate. Susie Rice, 1020 Idaho, Libby, MT, 59923. 406-293-2441, gregrice@homer.libby.org.
- May 13: The Rhody Tour Metric & Half-Metric Century. Port Townsend, WA. Haines Place Park & Ride Lot. 32, 45, 55, 62 mile options. Reg. 8-10 am. \$15. Food & water stops, SAG, map. Proceeds to help provide helmets for kids and to the Bicycle Alliance of Washington. David McCulloch, Port Townsend Bicycle Assoc. & Rhododendron Festival, P.O. Box 681, Port Townsend, WA, 98368. 360-385-3912, jdmcc@olympus.net, www.ptguide.com/rhodytour.
- May 13: 300K Ride. Kamloops, BC. Bob Boonstra, BC Randonneurs, 250-828-2869, John.Bates@CHydro.bc.ca, www.island.net/~randos/index.html.
- May 13: 400K Ride. Vancouver Island, BC. Stephen Hinde, BC Randonneurs, 250-245-4751, randos@island.net, www.island.net/~randos/index.html.
- May 13: 300km Brevet. Mark Thomas, 206-612-4700, mark.thomas@lightmail.com, http://www.geocities.com/Pipeline/5293/.
- May 14-21: Hawaii Tour. Hilo, Hawaii. 6 & 8 day tours available. Cycling highlights: Kilauea Crater rim ride; 30 mile descent down Mauna Loa Volcano; Kona Coast; Ironman bicycle route. Designated: Beginner to advanced. Free brochure available. Bicycle Adventures, P.O. Box 11219, Olympia, WA, 98508. 360-786-0989 or 800-443-6060 www.bicyclesadventures.com.
- May 19: Bike to Work Days. Puget Sound Area, WA. Join thousands of cyclists on national bicycle commuting day. T-shirts, souvenirs. Scott Campbell, Cascade Bicycle Club, P.O. Box 15165, Seattle, WA, 98115-0165. 206-522-BIKE or 206-522-2403
- May 20: Le Petit Tour. Peace River, BC. Wim Kok, BC Randonneurs, 250-785-4589, wko@enlbc.ca, www.island.net/~randos/index.html.
- May 21-26: California Redwoods Tour. Garberville, CA. 6 day tour. Cycling highlights: Avenue of the Giants; The "Lost Coast," a secluded road along the coast. Designated: All levels. Free brochure available. Bicycle Adventures, P.O. Box 11219, Olympia, WA, 98508. 360-786-0989 or 800-443-6060 www.bicyclesadventures.com.
- May 21: Two County Double Metric Century. Olympia, WA. Begins at Millersylvania State Park, 7 am. \$17 Margot Munson, Capitol Cycling Club, 360-273-8020, pmunson@localaccess.com.
- May 21-Sep 30: 15th Annual Santa Fe Century. Santa Fe, NM. 25, 50, 75, 100 mi. routes. 6 food stops, sag-wagons, \$15. T-shirts, wind breakers may be ordered in advance. Willard Childs, Santa Fe Bicycle Committee, 885 Camino Del Este, Santa Fe, NM, 87501. 505-982-1282, childc11@aol.com, www.santafecentury.com.



Erik Anderson is captured in action at "Bellycross" in the 1999 cyclocross season. PHOTO BY MARK PETERSON

- May 21: 200-300K Ride. Kamloops, BC. Bob Boonstra, BC Randonneurs, 250-828-2869, John.Bates@CHydro.bc.ca, www.island.net/~randos/index.html.
- May 25: Watermelon Rides. Chemewa High School, Salem, OR. Challenging recreational rides of 62, 100, 124 & 200 miles through mid-Willamette Valley. Full-service rest stops with food & energy drinks & toilet facilities will be provided, as well as limited mobile support. Joanne Heilinger, Salem Bicycle Club, P.O. Box 2224, Salem, OR, 97308. 503-399-9552, mccabeb@open.org, salembicycleclub.org.
- May 27: 400K Ride. Lower Mainland, BC. John Bates, BC Randonneurs, 604-856-0448, John.Bates@CHydro.bc.ca, www.island.net/~randos/index.html.
- May 28: No Hills Century. Redmond, OR. 100 & 65 mile ride around Redmond, Prineville and Madras. Susan Bonnaquer, Sunnyside Sports, 930 NW Newport Ave., Bend, OR, 97701. 541-382-8018, sunnyside@nm.com, www.sunnysidesports.com.
- May 18: Alpenrose Weekly Series. Portland, OR. Candi Murray, OBRA, 503-661-5874, cmurray@teleport.com or obra@teleport.com, www.obra.org/.
- May 19: Friday Night Racing. Marymoor Park, Redmond, WA. Races every Friday by the Marymoor Velodrome Association. \$12 for Cat 1/2/3 and Women. Spectators are welcome: \$3 (\$10 for family), except 6/30 9/1 Ethan Meglines, Marymoor Velodrome Association, 206-675-1424
- May 23: Tuesday Night Track Training. Marymoor Park, Redmond, WA. Marymoor Velodrome Association & Puget Sound Cycling Club. Training is free with waiver. Must have taken an MVA track class or have at least a Cat 4 USCF track license. Ethan Meglines, Marymoor Velodrome Association, 206-675-1424
- May 24: Wednesday Night Racing. Marymoor Park, Redmond, WA. Races every Wednesday by the Marymoor Velodrome Association & Lake Washington Velo. \$12 for Cat 4, Women, Junior and Master racers. Spectators are welcome (free). Ethan Meglines, Marymoor Velodrome Association, 206-675-1424
- May 25: Alpenrose Weekly Series. Portland, OR. Candi Murray, OBRA, 503-661-5874, cmurray@teleport.com or obra@teleport.com, www.obra.org/.
- May 26: Friday Night Racing. Marymoor Park, Redmond, WA. Races every Friday by the Marymoor Velodrome Association. \$12 for Cat 1/2/3 and Women. Spectators are welcome: \$3 (\$10 for family), except 6/30 9/1 Ethan Meglines, Marymoor Velodrome Association, 206-675-1424
- May 30: Tuesday Night Track Training. Marymoor Park, Redmond, WA. Marymoor Velodrome Association & Puget Sound Cycling Club. Training is free with waiver. Must have taken an MVA track class or have at least a Cat 4 USCF track license. Ethan Meglines, Marymoor Velodrome Association, 206-675-1424
- May 31: Wednesday Night Racing. Marymoor Park, Redmond, WA. Races every Wednesday by the Marymoor Velodrome Association & Lake Washington Velo. \$12 for Cat 4, Women, Junior and Master racers. Spectators are welcome (free). Ethan Meglines, Marymoor Velodrome Association, 206-675-1424

Track Races

- May 4: Alpenrose Weekly Series. Portland, OR. Candi Murray, OBRA, 503-661-5874, cmurray@teleport.com or obra@teleport.com, www.obra.org/.
- May 9: Tuesday Night Track Training. Marymoor Park, Redmond, WA. Marymoor Velodrome Association & Puget Sound Cycling Club. Training is free with waiver. Must have taken an MVA track class or have at least a Cat 4 USCF track license. Ethan Meglines, Marymoor Velodrome Association, 206-675-1424
- May 11: Alpenrose Weekly Series. Portland, OR. Candi Murray, OBRA, 503-661-5874, cmurray@teleport.com or obra@teleport.com, www.obra.org/.
- May 16: Tuesday Night Track Training. Marymoor Park, Redmond, WA. Marymoor Velodrome Association & Puget Sound Cycling Club. Training is free with waiver. Must have taken an MVA track class or have at least a Cat 4 USCF track license. Ethan Meglines, Marymoor Velodrome Association, 206-675-1424
- May 17: Wednesday Night Racing. Marymoor Park, Redmond, WA. Races every Wednesday by the Marymoor Velodrome Association & Lake Washington Velo. \$12 for Cat 4, Women, Junior and Master racers. Spectators are welcome (free). Ethan Meglines, Marymoor Velodrome Association, 206-675-1424

"beginning racing from page 1"

As a result, only a small percentage of new racers, especially women, actually stay with racing long enough to move up in the ranks and help the sport to evolve. The world of bicycle racing remains a relatively unchanged microcosm, governed by many of the same names, customs, and attitudes for years. Perhaps more so than mountain or cyclocross, road racing has gained a reputation for being rather elitist, even exclusionary.

In order to understand why new racers are so often discouraged, we will follow a typical introduction into the world of road racing with one new cyclist, Wendy Wahl. After her experience in 1999, Wendy recognized some fundamental problems perpetuating the low turn out of women and begin-



The Northwest Women's Race Series runs March 4 to August 26.

ners in general, and she set out to enact some long-overdue change.

With a few months of solitary winter training under her belt, Wendy's first step was to find a local team to learn from until the road racing season began. She had seen cohesive packs of riders on all the main routes around Seattle and wished she had a group to learn from and identify with. The first team she joined required a monthly dues payment and team jersey purchase. This is not unusual, however, Wendy found that the jersey was the extent of her team's unity. Her first lesson: research local teams before joining.

At her first race, she was surprised by the lack of support, not even being acknowledged by racers wearing her own team's jersey. Among the crowd of racers, she picked up on an unspoken disinterest and even dis-

dain toward new faces. When her start time finally came, she was lost in the crowd of all women, novice to seasoned pro. Due to the perennially low turn out of women, all levels were usually lumped together into one start. When the experienced racers took off, the beginning Category 4's were left with neither a pack nor the strategic benefits that come from riding within one. The result for most beginners was a \$20 solitary ride rather than good race experience.

Wendy was fortunate to meet four other Cat 4 women who were there for the same reasons she was: to meet people, to have fun, and to race well. Keeping in touch over e-mail, they formed a strong link of encouragement, respect, and healthy competition. Without that support, Wendy might have given in to her frustration like so many others have. Week after week she showed up, though, gaining the experience and knowledge that only comes with time. By August, she was transformed into a completely different cyclist. This giant leap in fitness and confidence convinced her why thousands of people are hooked on road racing. Her initiation was neither enjoyable nor necessary, yet it seemed to be a stubborn legacy of the road scene. Wendy recognized that the cold welcome she and her Cat 4 companions had experienced was a common theme, causing most beginners to lose interest and give up.

A common thought perpetuating the exclusive attitude among racers is that the sport itself is not easy and requires a strong determination to succeed. If, like many newer sports, everyone is encouraged to participate, will the level of technique and intricate race strategy decline, degrading this venerated, worldwide sport? It need not, if those who love it share their passion and knowledge with the beginning racers who may shape the next generation of cycling. There is something to be said for earning the right to call oneself a racer, however, being a beginner should be seen as a step toward that goal, not a stigma to overcome.

Having survived the first season, Wendy felt a need to open the way for many more beginners to experience the fun of racing. She believed that its closed-off, intimidating nature was not beneficial to anyone, and she set out to change it. Setting up a rickety card table at every late season race, she solicited volunteers for a bike mentor program. With the names she gathered, she began matching experienced road, track, and mountain bike racers with new cyclists wanting to break into racing. Despite the initial resistance to change, she soon had a large group of volunteers committed to the program. Wendy and several others donated their business and computer savvy to launch bikementors.com, a website featuring tips for beginning riders, and information on races and events.

At the same time, Wendy and her crusaders began organizing a weekly Intro to Racing clinic for beginner women. The belief was that a skills clinic reserved just for women might be the best way to bring more

Northwest Women's Race Series

Help make the first year of this exciting series a success. Great prizes will go out to the top 10 in the overall series, including two Bianchi framesets and Spinnergy wheels. The top 3 at mid season will win Yakima bike racks, and to assure that the competition stays at a fair level for beginners, the top four Cat 4 women to upgrade by mid season will be rewarded with prizes as well. Wedgewood Cycles is generously sponsoring five free Race-Day Coaching Clinics, which will be held at select races in the series. Several local and regional coaches will be at the designated races to observe technique, handling, and strategy and to talk with individual riders immediately after the race. The coaches will even award monthly prizes for notable efforts. For a current race schedule and other information on Northwest racing, check bikementors.com.

March 4	Mason Lake Series	Mason Lake, WA	Road	24 mi
March 11	Mason Lake Series	Mason Lake, WA	Road	24 mi
March 18*	Mason Lake Series	Mason Lake, WA	Road	24 mi
March 25	Snohomish	Snohomish, WA	Road	33 mi
April 16*	Boat Street Criterium	Seattle, WA	Criterium	30 min
May 7	State Road Race	Longbranch, WA	Stage Race	31.5 mi
May 13*	Seward Pk Summer Classic	Seattle, WA	Criterium	30 min
June 3*	Leavenworth	Leavenworth, WA	Road	58 mi
June 24	WA Crit Championships	Richland, WA	Criterium	tba
June 25	WA TT Championships	Richland, WA	Time Trial	tba
July 1-2*	State Stage Race	Sequim, WA	Road, Crit, TT	tba
July 15	Kla Ha Ya Days	Snohomish, WA	Road	40 mi
August 26	Crystal Mt. Hillclimb (Champs)	Enumclaw, WA	Hill climb	8 mi

*Race-Day Coaching Clinic

of them into competition, thus evening out the number of men and women at the races. Several racers and coaches volunteered their time, making the 5 week clinic a bigger success than anyone imagined possible. Wendy plans to run the clinic again this September and October, giving beginners the entire winter to hone their skills and fitness for the next spring. Many of the 57 participants from the 1999 clinic are expected to turn out this spring to begin fortifying the ranks of women's racing.

Bikementors.com caught the attention of Gerri Moriarty, who helped found one of five regional women's race series that exist in the US. Gerri began working with Wendy to create a similar series in Washington. Wendy and many volunteers donated their time and money to attract an incredible array of sponsors, including TeamEstrogen.com and Wedgewood Cycles. Thus, the first annual Northwest Women's Race series was born. This series offers Cat 4 women a chance to race with in their very own category, with their own set of prizes, and competition within their realm. After just three races, women's attendance has already increased dramatically.

Wendy and all the volunteers who worked to make racing more accessible are counting on a substantial increase in women getting involved in all types of cycling. Already, several local teams have doubled and tripled their enrollment of women from past years. Success in Seattle means a chance to rejuvenate the racing scene in other parts of the region as well. A race series specifically for

beginning women will do more than just reward those few women who win. Any rise in turn-out benefits racing and cycling in general. Making racing friendlier for beginners will encourage both men and women to stay with it, thus bringing in fresh faces and attitudes to keep the sport thriving. If you have racing experience, or would like to get involved, sign up for the bike mentors program at bikementors.com, or check out our growing list of clubs in your area. The efforts in Seattle to attract new racers are just a few approaches. Perhaps the simplest action involves a smile and an open mind.



Spring Women's Road Racing Clinic

Women interested in getting a few more tips before the season really gets rolling should take advantage of the 2 day Agilent Technologies Cycling Clinic on April 22 & 23 in Sequim, WA. Generous sponsorship from Agilent makes it possible to have two of the United States' most accomplished road racers as primary coaches for the clinic. The camp will cover all aspects of racing skills and preparation. The cost is a minuscule \$35 per day, and spots may be limited by press time. Registration information can be found on bikementors.com.

MARKETPLACE

CYCLING ACCIDENT & INJURY CLAIMS

HARVEY GRAD

Attorney at Law
1335 Puget Sound Plaza
1325 Fourth Avenue
Seattle, WA 98101
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