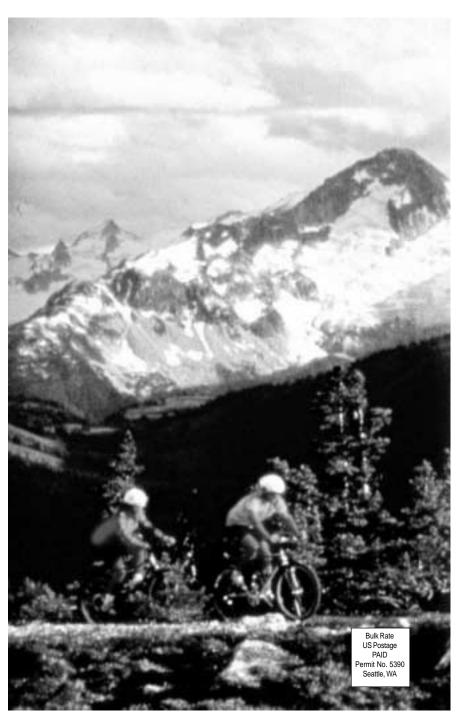
Bicycle Paper THE VOICE OF NORTHWEST CYCLING MARCH 97



Check out the Calendar

elcome back! The *Bicycle Paper* has had its winter rest and is now ready to take on an other exciting season of cycling. The 1997 *Bicycle Paper* Annual Event Calendar is here.

We have done our best to compile hundreds of races, rides and events to represent all aspects of cycling in the Northwest.

The calendar includes the annual return of all the old favorites and we have a lot of new and exciting events this year, so be sure to save it.

Bicycle Paper continues to receive listings throughout the year, so always check the Bicycle Paper's monthly calendar for any changes or additions. If your event is not listed send it to Bicycle Paper, Events Calendar, 1205 E. Pike, Ste. 1A, Seattle, WA 98122. Happy cycling!!

Please See- "Calendar" on Page 8

Preparing for Chilly Hilly

BY ESTELLE GRAY

"I'll meet you at the 10:00 ferry." Famous last words. I wonder just how many cyclists use that expression the night or two before Chilly Hilly. If you've never ridden Chilly Hilly before, you might find that a number of surprises await you. The first one might be that you never find your riding buddies unless you make a very specific plan. One of the really amazing things about this event is just how many cyclists can fit on one ferry at one time. The line waiting to board is not

Please See- "Chilly Hilly" on Page 5

The Greatest Unknown Frame Builder

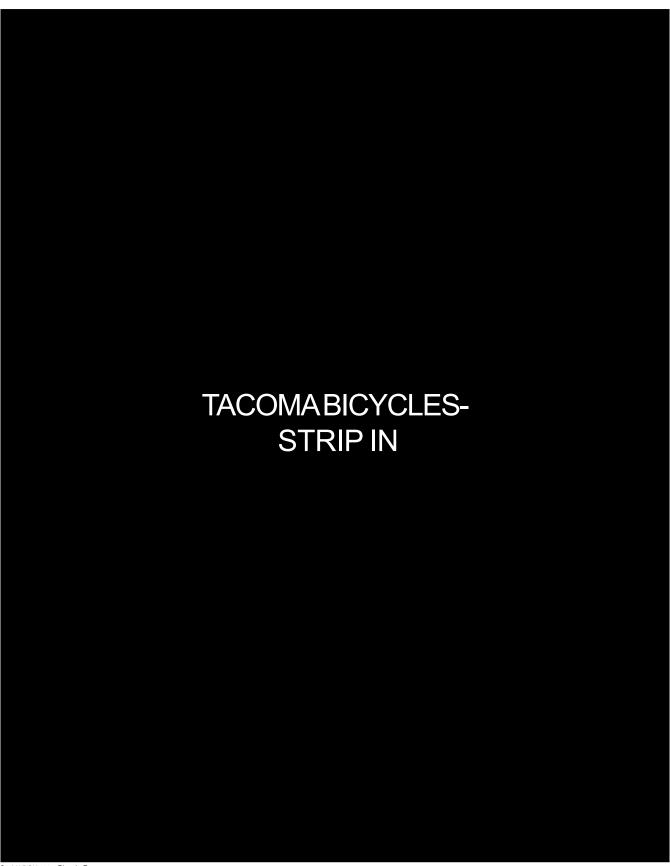
An Interview with Bill Stevenson

BY RUSSELL W. HOWE

s any owner of a custom bicycle frame will affirm, there is nothing like riding a bicycle that is built to fit you, and you alone. Northwest cyclists are fortunate to have an abundance of custom frame builders from which to chose. Each builder has his own unique style and philosophy concerning the bicycle.

Bill Stevenson has over twenty-five years experience building custom steel frames. Located in Olympia, WA, he builds custom road, mountain and tandem bicycles. If Stevenson frames are unfamiliar to you, it is not surprising since this Northwest native spent ten years out of the area, designing and building frames for Gary Fisher, Ross Bicycles and Alpinestars USA. In addition,

Please See- "The Greatest..." on Page 6



Bicycle Paper

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Spring time

Photo courtesy of Whistler

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Unsolicited editorial contributions about

personalities touring racing advocacy, equipment, health and events are welcome. All manuscripts should be accompanied by a stamped, self-addressed envelope. Write or call for editorial guidelines and deadlines. All advertising inquiries should be directed to Bob McCall.

Outspokin'

So you say you made a resolution (oh, yeah)! Ride STP again; complete first RAMROD; log 3000 miles by year's end; cross-train; buy a mountain bike; take up track racing; wear brighter riding clothes; invest in a new helmet; always observe traffic signs; become a bicycle activist; go bike touring; commute by bike twice a week. Did you promise to undertake one of the above as your cycling and fitness resolutions for 1997? In your heart of hearts, how many will you keep?

If you don't get your entry in on time for Seattle-To-Portland, can't overcome the shin splints that comes with running, won't do the training required to participate in the Ride Around Mount Rainier. on reflection think mountain biking is too dangerous and now realize that 3000 miles at 50 miles per summer Sunday ride is an impossibility in 5 years, let alone

one year, keep one promise aside: try commuting to

Yeah, yeah, you've heard all the bad reasons about your how meager 9mile drive consumes fossil fuels, drives up the importation of foreign oil, pollutes the atmosphere, causes congestion, loses productivity, increases frustration and generally makes you a virtual dis-

ciple of Attila. This you ignore because (a) you don't know who Attila is (b) you voted for Bill Clinton and isn't that enough? (c) you're a considerate driver who always smiles at bike commuters (d) you ride at weekends and deserve a break (e) you would commute by bike but . . . of anyone who has - an excuse like, well, there's no shower at work and I have to attend all these meetings

> and dress up and carry a laptop computer and look good and, besides, I'm a middle manager, and all my peers turn up in their Acuras and Jeeps and maybe they'll think I'm some kind of weird geek if I ride my bike and the parking is free anyway,

so what's the point?" Okay, let's get a few things straight. If you're reading this paper you are a geek. Ordinary people don't read cycling publications. Once you embrace geekhood, the rest is easy. Here's my guide to making the transition from ordinary, car-driving, wage-slave to selfrighteous, pedal-power superworker deserving of pay increase.

Okay, let's get a few

things straight. If you're

reading this paper

you are a geek. Ordinary

people don't read

cycling publications.

Week 1: Continue driving to work but always be seen carrying some kind of cycling publication: VeloNews, Dirt Rag or Mountain **Bike Action** will indicate

your heavy affliction to bicycling. Leave copies of these magazines around your desk. If you have email, change your signon name. Give yourself a moniker like Chainring, Sprocket, Gear-hanger, Forkie or Saddle-Sore. Pick a name that won't breach FCC regulations. Always exude

Week 2: leave your bike helmet lying visible in the lunchroom. Let it be a conversation piece, but expect co-workers to initially be suspicious of it. By the end of the week, attention will have moved to the neon green jacket and odd little Goretex booties you left at the coat rack.

Week 3: ride your bike to work. Wheel it straight into your cubicle/office/ workstation. Call home and, in a loud voice, tell your answering machine what a great ride you had, how little time it took, how you barely broke sweat and how good it feels. For maximum effect, tell your machine that you'll be taking the long way home tonight for that brisk climb up that big hill. Try not to sound too smug. During the next office meeting or visit to the lunchroom, ask your co-workers how their commute was. Sound surprised when they mention the traffic woes caused by the wreck/congestion/construction. Remark that you got there in your usual 32 minutes.

Week 4,5 and 6: ride at least three days a week. Pick the occasional rainy day (that won't be hard). Dress better than you ever did as a car driver. If appearances are all, always go directly to the bathroom after you've tied up your bike. Stash a mini-drier in your desk to avoid bad-hair days.

Week 7: Circulate email or a memo telling folks that you've found true happiness and have bought another bike and an annual transit pass from the proceeds of the car sale. Cherish the holiday that will come from the savings in insurance.

Week 8: Invite people to join you on the road to peace, prosperity and longevity.

You can write to Gordon Black at The Bicycle Paper 1205 E. Pike St., Ste. #1A Seattle, WA 98122 or email: bicycle.paper@clarkmccall.com

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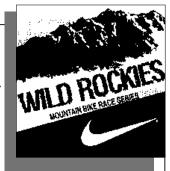
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Continued From

"Chilly Hilly" on Page 1

only long, it is very wide. If you want to be assured that you'll actually hook up with your friends, you might want to pick an exact spot a block away.

If you defintely want to take a spe

cific ferry consider the parking scene. 5,000 other cyclists are also looking for a parking spot close to the ferry. You might choose to park on the edge of downtown and ride half a mile or so, rather than search for parking and risk missing the boat that you were hoping to catch.

Chilly Hilly does not lend itself to the "go fast as we possibly can" mentality. It's a fun ride that attracts a lot of

people who have not been on their bikes for eight months as well as the serious recreational rider. Although you may like to have your bike as light as you can this is one ride for which you might wish to consider the advantages of a bell. Some people like small, "gentle" bells while I personally have a bell that has been dubbed "the bell from hell". And of course my six year old stoker has complete control of the noise machine.

many riders which in the end provides entertainment for others. It is often warm and/or sunny in the morning, inspiring some of the more hearty to show up in lycra shorts and cool looking jerseys. By the end of the ride a lot of these cyclists are sporting fashionable hefty garbage bags or vests made from the local newspaper. So be forewarned; the

Chilly Hilly is aptly named...which brings me to the subject of bicycle chains.

A number of factors combine to cause broken chains. A very common cause is hills. More exactly. shifting too late while going up a hill. If you are struggling uphill with lots of pressure on the pedals and you either give in or quickly bail to a lower gear you may find that you have

made the rank of pedestrian (at least for a while). Another common cause is a worn chains. Chains are like oil in your car, you need to change it before you have problems. If you chain has "lots" of miles on it I recommend you stop by your local friendly shop and ask them to measure it. This is usually a free service. There are specific tools to do this and if you have it done by a professional you may save yourself from walking to the

Improper lubrication of a chain also causes chains to break (and they break at an inopportune time). Make sure your chain is well lubed before you get to the ferry terminal. Once again, if you are not sure just what "well lubed" means, ask your friendly bike shop mechanic. And last but not least, carry a chain tool!!!

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Speaking of hills, a common question

is "which hill do you think is the hard-

est?" There are a many different answers

to this but a common one is "the first

one, you know the one right after the

ferry." In my opinion the reason that this

one is often identified as the hardest is

because it hits you when you are not warmed up. Having stood in line wait-

ing for the ferry, followed by 45 min-

utes of sitting on the ferry you might find

yourself less than ready to tackle an im-

mediate climb. If you do some squats or stretches the last 15 minutes of the boat ride you might find that you have some fellow passengers joining you. And later, on the climb up the hill, you might find yourself passing those who didn't.

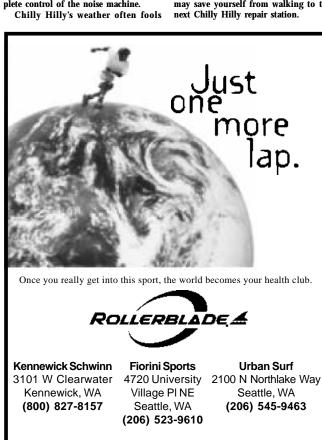
Riding is often about getting some exercise and often it is also about eating. Chilly Hilly is great for both of these.

Bring your quarters because you'll be surprised at the number of varieties of chocolate chip cookies, peanut butcookies, ter brownies and rice krispy bars that are offered on the ride. There are probably more of these delicacies here than at any other single

place on the planet. Indulge yourself, taste them all!!

Last but not least there is the subject of training for Chilly Hilly. What's that you say? You were going to train your week off. The week between Christmas and New Years' Day. But, something about the weather stopped you. You say you're not worried, you don't need to train. "After all it's only 28 miles." FAMOUS LAST WORDS.







"The Greatest..." on page 1

he built Albert Eisentraut "Limited" frames in the early seventies. No longer content to be a product manager and designer for others, Stevenson is once again producing beautiful fillet brazed and lugged custom frames. The difference is that now his name graces the downtube and it is doubtful he will remain unknown for long.

At the age of twenty, Bill took up cycling and worked in a local bike shop as a mechanic. In 1971, he took one of Albert Eisentrauts frame building classes in Olympia, Washington. Excelling in the class, Albert offered him a job on the spot. In 1972, he worked for Albert Eisentraut in Oakland, CA. He brazed frames while other workers completed the clean-up. This "apprenticeship" lasted only six months, as he returned to Washington and continued to build custom frames at his own shop.

In 1985, Bill embarked on an "around the world" odyssey that would last seven years. The first stop was Ross Bicycles in Allentown, PA, where he was hired as the primary designer and product manager. (Tom Kellogg and Jim Redcay preceded Bill as Ross Signature Custom frame builders) Eventually, Ross transferred Bill and his family to Taiwan so he could supervise production and quality control for Ross mass produced frames. This experience gave Bill a unique glimpse of the industry that most small custom builders never see. How many builders can say that they once rejected 3,000 frames in a single day?

What interested you about frame building?

building?

In 1970, I ordered an Eisentraut frame and I waited two years before it arrived. I can remember taking the frame out of the box and being completely floored by the level of workmanship and sheer beauty of the frame. The lugs were paper-thin and the frame really had a unique style all of its own. I built the frame up and took it for a ride, and was again, completely blown away! The bike rode so well and it automatically did what I desired. After this experience, I wanted to be able to make people feel great about a bike the way I felt about the Eisentraut.

You began as a "Roadie" and ended up designing mountain bikes for Gary Fisher. How did that transition occur?

Prior to 1980, I had done some contract building (fillet brazed Mt. Tams and Comps) for Gary Fisher. In addition, I began to experiment on my own by building a couple of mountain bike frames and riding them in the Capital Forest (near Olympia WA)

Forest (near Olympia, WA).

In the fall of 1985, I went to work for Ross Bicycles to run their Signature department. This was kind of a Schwinn

Paramount-style operation inside a mass production factory. One of my main responsibilities was to provide frames for the Ross Pro Team which was one of the first professional off-road teams. Even my first mountain frames were much different than what was being made in California at that time. I immediately kicked the seat tube and head tube angles up about 3 degrees and added radical things like toe clips. Being a roadie, the slack seat angle hurt my knees and the wheel flop of a 68 degree head angle was intolerable. The bikes worked better and the racers loved them. These modifications impressed the Ross management and they began to realize that I might have talent outside of brazing. I eventually ended up designing most of the frames in the Ross Line, including BMX and Freestyle. I was sent to Taiwan for a year to help Ross move their production there. I gained some background in Quality Control Process Management and Fixture Design. It was an early stage of the Taiwan Bicycle Industry and we constantly "pushed the envelope" for what could be done there. That led to my job at Gary Fisher (another story), which led to Alpinestars. I'd become a hired gun"

product designer/product manager. But, to answer your question, I was still a "roadie" at heart. I appreciate the opportunities and design challenges that mountain bikes have provided. In fact, I really enjoy riding mountain bikes, but building and riding road bikes is my first love.

What is your focus now?

I still consider myself a commercial designer and builder. Currently,

my focus is on custom road frames. I guess a simple answer to your question is that I try to "focus" on the bike we are building at the time. These are predominantly made utilizing fillet brazed construction as this is the method most often requested by our customers. That is fine with me as I enjoy designing and building this type of frame. At the same time, I have recently built myself a lugged winter training bike utilizing hand cut lurs.

Certainly, one of the most attractive parts of custom frame building for me is the diversity of projects. Also, there is the satisfaction of providing customers with a frame which fits correctly and is designed for their intended use. In fact, in many ways, the ultimate satisfaction is riding with the new frame owner and finding them riding faster and more comfortably on their new bike.

In your sales brochure, you write "we covet our retro status". What is your retro status and how does it apply to your frames?

Frankly, I find this whole "Retro" thing a little upsetting. Much of what is now being called Retro was the "latest and greatest" when I started riding But seriously, my preference is to take that "Retro" style and update it with better tubing, such as Reynolds 853 or True Temper OXIII tubing, and investment cast lugs. A recent customer had always lusted over a Cinelli Supercorsa when he was young. So, I built him a frame using a Cinelli fork crown and lugs with True Temper OXIII tubing. I drilled holes in



Bill Stevenson creating one of his custom bicycles

the lugs, had them chromed, and attached the seatstays in the Cinelli fastback style. The customer loved the bike and I was confident that I was able to blend the best of technology with a classic style to provide a great riding bike. Having ridden good frames in the early seventies. I know what was superior about those products and concepts. I have continued to build and ride into the 90's and know what and where improvements can be made. I don't think we should honor or prefer something just because it happens to be old. Many thirty-five year old frames and components were mediocre at best. At the same time, the seeming inability of some riders to survive without being the "newest and greatest" is hardly healthy.

What is your sizing procedure?

My sizing system is based on the Ital-Cycling Federation, C.O.N.I., method. Over the years it has evolved a bit and I have modernized it. In other words, by measuring inside inseam, torso, and arm length and multiplying those measurements by a percentage, we can develop a seat and top tube measurement. I feel the method is more accurate because my method gives an exact number, not what I consider a useless range (2-4 cm) as with the C.O.N.I method. I consider it modernized in that it takes into account the trend towards shorter seat tubes and longer top tubes over the past 25 years. In addition, my preference is to use a Serotta sizing bike to act as a proof of measurements, to help establish seat tube angle, and to come up with stem

Longview Rotary Strip in

length. In many ways, the method has evolved to the point where the only similarity it bears to the original is that it is based on measurement of body parts!

Who has influenced your style?

When it comes to influences, I think they come in positive and negative flavors. I have had a lot of shop experience, so I've had the opportunity to see a large number of bikes. My focus is to avoid problems I have encountered on other people's frames. The shop that I have been involved with for much of my professional life is The Bike Stand in Olympia, WA. We once imported Jack Taylors and Mercians, directly. In addition, we sold Cinellis, Colnagos, etc., as they were available. Our main line of frames were Eisentrauts. I personally assembled and test rode all of the "high end" frames that we sold. This gave me the opportunity to appreciate the positive and negative aspects of some of the most respected frames of that period.

Another significant influence was Spence Wolf, of the Cupertino Bike Shop. In some ways Spences influence was more psychological. Spence was a legend for making a living out of a tiny shop in Cupertino, Cali-fornia. He sold the most exotic bikes such as Cinelli, and French frames from Ren Herse and Alex Singer. I visited his shop and witnessed the meticulous work done by Spence and his staff. He made a living selling the bikes he loved without making any compromises. This was a revelation to me. Later, I bought rims and parts through Spence and he gave me tips on tying and soldering wheels and setting up "Pro" bikes. A Spence Wolf trademark was to wrap the top tube with handlebar tape at the point where the handlebars would touch. The idea being if one was to crash that the bars would not dent the top tube. I still set bikes up this way. I guess it is my personal way to pay homage. 🗘

Contact Bill Stevenson at The Bike Stand in Olympia, WA at 407 4th Ave. E., Olympia, WA 98503 (360)-943-1997



CYCLING INJURY CLAIMS

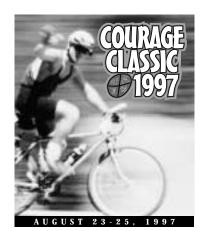
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- or Fax: (206) 522-2407 Email: cbevents@aol.com. Feb 15-16: Health & Fitness, Wealth & Wisdom Expo '97. Alderwood Mall, Lynnwood. A free show for the whole family! The 1997 edition of the largest Snohomish County health & fitness show featuring informative presentations and comprehensive information on a wide range of "Better Livining" topics. Prizes and giveaways. Saturday, 10 a.m to 9:30 p.m. & Sunday, 11 a.m. to 6 p.m. Patti Leen, (206)729-4300 or (206) 524-2311.
- Mar 8-9: 10th Annual Portland Bike Show. Portland, OR. Bicycle manufacturers show open to consumers. Bill Bradley, 11041 28 S.W., Seattle, WA, 98146. (206) 248-8430 or Fax (206) 244 0913.
- May 6-Sep 30: Tuesday Night Trailwork Party. Help to repair and maintain trails for safe and friendly trail use. Leonard Francies, Backcountry Bicycle Trails Club, P.O. Box 21288, Seattle, WA, 98111. (206) 283-2995.

Off Road

- Feb 21: Twillight Lee Criterium. Swampy Lakes ski area. This is a 20 lap race around the parking lot of the Swampy Lakes ski ares west of Bend, OR. 7 p.m. It is on ICE so studded tires are highly recommended. It is at night under the full moon so no headlights are usually required. TIS JUST FOR FUNI Nor entry fee, so no prizes. There is a HUGE trophy to the winner, but it has to be displayed at the Bicycle shop of their choice in Bend. Hutch's Bicycles-Bend, (541) 382-9253
- 9253.
 Feb 23: 5th Annual Valentines Day Challenge. Tahuya State Forest, Belfair, WA. Tahuya Spring Mountain bike race series. MORBA event. Craig Nunes. Old Town Bicycle. 6820 Kimball Dr. N.W., Ste. A7, Gig Harbor, WA. 98335. (206) 858-8040 or (206) 857-3002 or KMBC @earthlink.net.
- Mar 15: Ides of March Greatest Hits Ride #1 Flisa mar 13: ides of march - Greatest files Ride #1. Elisa Shostak, Backcountry Bicycle Trials Club, P.O. Box 21288, Seattle, WA, 98111. (206) 283-2995. Mar 23: Green Mountain, Beremeton, WA, Hill climb #4. \$5 donation. Fort Lewis Cycling Club, (206) 566-4820.
- Mar 23: Wet -N-Windy 50. Bend, OR. 50 mile road ride east of Bend. Variable weather conditions. Come prepared for anything. Energy food and drink provided. 9:00 a.m. meet at Hutch's eastside store on hwy 97 in Bend. Fee: \$5 Hutch's Bicycles-Bend, 820 NE 3rd, Bend, OR, (541) 382-6248.
- periu, Ur., (p41) 3d2-b248.
 Mar 29-30: Burnt Bridge International Classic.
 Shawnigan Lake, B.C., Cross country, downhill, kid's races, xc running event. Web site http://www.pro-competition.com Claire Bonin, Professional Competition, (p26) 666-7995 or Email:
 procomp@pacificcoast.net,
- procomp@pacificooast.net.

 Apf 5: The Big K Mountain Bike Festival. Elkton, OR. 613 SE Jackson St., Roseburg, OR, 97470...

 Apr 12-13: 12th Annual Mudslinger Mt. Bike Race. Corvallis, WA. Race # 10 fthe Orgon Teva Fat Tire Race Series. For averall information on the series check out their web site www.coguide.com/events/ tevarace.html Jim Fischer, 5549 SW Redtop Pl, Corvallis, WA. 97333. (541) 754-3752(h) or (541) 715-6880(w) Fax: (541) 766-8403.

 Apr 12: Finley Hills Challenge. NORBA mountain Bike race. Nike Wild Rockies Series Event John Limbaugh, PO Box 132, Richland, WA, 99352. (509) 585-0783 or email: bikecave@x.netcom.com.
- email: bikecave@ix.netcom.com.
- Apr 12: Lower Snolquamie Valley Trail Greatest Hits Ride #2. Elisa Shostak, Backcountry Bicycle Trials Club, P.O. Box 21288, Seattle, WA, 98111. (206) 283-2995.
- Apr 13: Big Hair-Small Brains ride. Smith Rock State Park. Approx. 20 mile mountain bike ride in and around Smith Rock state park. Not for the meek or timid; very steep climbs anddescents. Meet at the north end of the parking area. Hutch's Bicyles - Bend, (541) 3829253.
- (041) 362/92/33. Apr 20: 6th Annual Bears Trax and Beeswax. Tahuya State Forest, Belfair, WA. Tahuya Spring Mountain bike race series. NORBA event. Doug Miller, 1648 S. 246th Pl., Des Moines, WA, 98198. (206) 564-1422 or (206) 824-8104.
- or (206) 824-8104. May 3: Horse Heaven Hills Road Race. USCF Road Race. NCCA NW Collegiate Championships. Lance Armstrong junior events planned. 60 km loop, 14.5 km climb with a rapid 8km descent, same couse as the State Championships. Par Sullivan, PO Box 132. Richland, WA, 99352. (509) 943—6967 or email: bikecave@ix.netcom.com.
- инвсачешк. песоот. com. May 4: The Westside Ride. Bend, OR. Approx. 30 mile mountain bike ride that links popular areas west of Bend in one loop. Several bail-outs along the way, Energy food and drink provided. 9:00 am meet at Hutch's westside store. Fee: \$5 Hutch's Bicyles-Bend, (641) 3829253.
- May 10: MS Mountain Bike Madness Ride. Snoqualmie Valley. Experience mud or realx and enjoy! Choose from an all ages and abilities 50km route, or a challenging 70km route perfect for experienced off-road cyclists. Hearty lunch, rest stop, snacks, mechanical suppport, massage \$ door prize drawings

- Cycle through tree farm trails & over logging roads in the Snoqualmie Valley. Tori Darnell, 192 Nickerson St., Ste. 100, Seattle, WA, 98109, (800) 800-7047 or (206) 284-4236 or (206) 284-4972.
- (20b) 264-42.5b or (20b) 264-497.2.

 May 11. Spring Thaw Mountain Bike Challenge.
 Ashland, OR. Race #2 of the Oregon Teva Fat Tire
 Race Series. NORBA Race. 25 mile racer throught the
 Ashland Watershed. Race and event web site: http://
 ID.MIND.NET/GUMBY/Dana Randy, PO Box 903,
 Ahsland, OR, 97520, 6541) 488-2453 or Fax: (541)
 488-2453, Email: DBandy@mindnet.
- May11: Carnation Mother's Day Tour Greatest Hits Ride #3. Elisa Shostak, Backcountry Bicycle Trials Club, P.O. Box 21288, Seattle, WA, 98111. (206) 283-2995.
- May 17-18: Idaho City Excellent Adventure. Idaho City, Idaho. AMBC Western Circuit Ron Dillon, USA Inc., PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- Box 7075, Boise, ID, 83707. (208) 342-3910. May 17-18: Winthrop Boneshaker MTB Bash. Downhill & cross-country event; earn WIM points! Gino Lisiecki, Wendy Zupan, Round & Round Productions, 2704 S. Stone, Spokane, WA, 99223. (509) 534-4757 or (509) 533-9354, email:wendyz@on-ramp.ior.com.
- May 25: Hutch's Hustle. Bend, OR. Race #3 of the Oregon Teva Fat Tire Race Series Sally Russell, 442 NW State St, Bend, OR, 97701. (541) 389-3295 or Fax: (541) 389-7372.
- rax. (941) 3697 372.
 Jun 1: Coast Hills Classic. Newport, OR. Race #4 of the Oregon Teva Fat Tire Race Series Dave Campbell, (541) 574-0327 or Email:
 Dave_Campbell@Lincoln.k12.OR.US.
- Jun 6-8: Oregon Championship Series #1. MT. Hood Ski Bowl, OR. PO BOX 320, Government Camp, OR, Bowl, C 97028.
- 97028. .

 Juna: First Annual Tahuya Spring Classic. Tahuya State Forest, Belfair, WA. Tahuya Spring Mountain bike race series. NORBA event. Craig Nunes, Old Town Bicycle, 6820 Kimball Dr. N.W., Ste. A7, Gig Harbor, WA, 98335. (20) 858-8040 or (206) 857-9002 or KMBC@earthlink.net.
- Jun 14: Test of Metal. Squamish, B.C. CANADA, 65 114: 1est of metal. Squalmish, B.C. GNNADA, 35 Kilometer point to point. Outstanding mountain views. 1/3 logging road, 1/3 single track and a 10 kilometer single track. Fee TBA. Cliff Miller, Sq. off road cycling ass, Box 793, Garibaldi Highlands, B.C, VON-1TO. (604) 898-5195.
- (604) 898-5195.
 Jun 15: Pickett's Charge! Mountain Bike Race. Bend, OR. Scenic single track NORBA race. Fees: \$25 Susan Bonacker, Sunnyside Sports, 930 NW Newport Ave., Bend, OR, 97701. (541) 382-3018 or Fax: (541) 382-3079 Email: sunnyside@kmxnet.com.
 Jun 15: Monte Cristo Father's Day Tour Greatest Hits Ride #4. Elisa Shostak, Backcounty Bicycle Trials Club, P.O. Box 21288, Seattle, WA, 98111. (206) 283-3995.
- 283-2995
- 260-2990.
 Jun 22: Double Dawg Tandem Ride. Bend, OR. 65 mile road ride for tandems and singles from Bend to Smith Rock state park and back. Deluxe lunch provided.
 9:00 am meet at Hutch's eastside store. Fee: \$10 a pair Hutch's Bicyles Bend, (541) 382-3253.
- Jun 28-29: Gorilla Wolf's Mountain Challenge. Park City, UT. Ed Chauner, Chauner Promotions, Inc., 2448 East Champus Dr., Salt Lake City, UT, 84121. (801) 942-3498 or Email: edskilaol.com.
- Jun 28: WSU Tri-Cities Criterium. USCF Criterium. 1.5 mi winding loop with a small hill Pat Sullivan, PO Box 132, Richland, WA, 99352. (509) 943-6967 or Email: bikecave@ix.netcom.com.
- Jun 29: 5th Annual Ty Cycles/Thomas Kemper Summer Sizzler. Tahuya State Forest, Belfair, WA. Cross country mountain bike race. Dmitri Keating, Old Town Bicycle Club, 6820 Kimball Dr. N.W., Ste. A7, GigHarbor, WA, 98335. (206) 858-8040 or Fax: (206) 851-3679 Email: KMBC @earthlink.nety.
- Jun 29: Old Town Bicycle Summer Sizzler. Olympia, WA. Craig Nunes, 6820 Kimball Dr., Suite A-7, Gig Harbor, WA, 98335. .
- Jun 29: WA State Road Race Championships. USCF Road Race. 60km loop, 14.5km climb with a rapid 8km descent. Pat Sullivan, PO Box 132, Richland, WA, 99352. (509) 943-6967 or Email: bikecave@ix.netcom.com.
- Jul 5-6: Schweitzer Dirt & Rock Tour. Sandpoint, ID. AMBC Western Circuit Gino Lisiecki, Team Round & Round, 1012 W 23rd Avenue, Spokane, WA, 99203-1221. (509) 838-3707 or Fax: (509) 455-3945 Email: wendyz@on-ramp.ior.com
- wendyz@on-tamp.or.com.
 Jul 5-6: Dual Eliminator Downhill. Downhill mountain bike race with pro purse. Top 32 times from Saturday's qualifiers advance to Sunday's Dual Eliminator Downhill. Blackcomb Mountain Race Department, 4545 Blackcomb Way, Whistier, B.C., VON 184. (604) 938-755 or (604) 938-755 or (604) 938-755 or (604) 938-75827, Email: blackcomb @whistler.net.
- Jul 11-13: Oregon Championship Series #2. MT. Hood Ski Bowl, OR. PO BOX 320, Government Camp, OR, 97028.
- 97028.

 Jul 12-13: 2nd Annual Sea to Sky Mountain Bike Trail
 Ride. Whistler, B.C.. Ride the newly developed 150
 km mountain bike trail in Super Natural British
 Columbia with an overnight at Whistler Resort. Limit
 500. Proceeds to Sea to Sky Trail Society. Visit our
 web site at http://www.mbronline.com/mbr. html/
 canada/sea2sky.htm Robin McKinney, R.E.M. Event
 management, 1-1816 McNicoll Ave., Vancouver, B.C.,
 V61 146. (604) 878-8800 or (604) 738-7655, email:
 rem@mindlink.bc.ca.
- Jul 12-13: Pacific Crest Cup. Snoqualmie Pass, WA. Downhill on Sat. and cross country on Sun. Pre NORBA Nationals courses. All Cats + kids races. Fee: \$18 prereg. or \$20 day of race David Douglas, Pazzo Promotions, 4207 SW Hill St., Seattle, WA, 98116.

- (206) 932-5921 or Email:LDDOUG@SCN.ORG.
- Jul 12: Tolt Pipeline Plus Greatest Hits Ride #5. Elisa Shostak, Backcountry Bicycle Trials Club, P.O. Box 21288, Seattle, WA, 98111. (206) 283-2995.
- Jul 16-17: Oregon Championship Series #3. MT. Hood Ski Bowl, OR. PO BOX 320, Government Camp, OR, 97028.
- Jul 19-20: Oakridge Fat Tire Festival (AMBC). Oakridge, OR. David Beede, PO Box 1292, Oakridge, OR, 97463. (541) 343-0946 or Email: DTBEEDE@aol.com.
- Jul 19-26: 2nd Annual Kettle Valley Cycle Tour. British Columbia. Mountain bike 300 miles over 8 days along a trail that utilizes abandoned railbeds that weave a trail that utilizes abandoned railbeds that weave through canyons, past mountains, orchards vineyards, lakes and rivers. Registration fee of \$445 US all inclusive. Winetasting, nightly entertainment. Lodge Stay - 20 people maximum. Visit our web site at http://mindlink.net/outrec_council/kvride.htm Robin McKinney, R.E.M. Event management, 1-1816 6 McKinoll Ave., Vancouver, B.C., VSJ TA6. (604) 878-8800 or (604) 738-7655, email: rem@mindlink.bc.ca.
- oout or (0v4) 750-7635, ethali: terreliminatini.cb.cca. Jul 19-20: Canada Cup #5. Whistler Mountain, Whistler B.C.. Cross country, downhill, dual slalom, observed trails, kid* races. Web site http://www.procompetition.com Claire Bonin, Professional Competition, (250) 656-7995 or Email: procomp@pacificcoast.net.
- Jul 19-20: Whistler International Challenge . Whistler
- Jul 25-27: Oregon Championship Series #4. MT. Hood Ski Bowl, OR. PO BOX 320, Government Camp, OR. 97028.
- Jul 29: The Klamath Heat. Klamath Falls, OR. Race #5 of the Oregon Teva Fat Tire Race Series Shane Harris, 2220 Angle St., Klamath Falls, OR, 76601. (541) 882—1001 or Fax: (541) 882-8841.
- Aug 1-3: NORBA National Series at Snoqualmie Pass. Snoqualmie Pass, WA. Downhill, dual slalom, cross country, observed trails, kids races, All cats, Call for entry form. David Douglas, Pazzo Promotions, 4207 SW Hill St., Seattle, WA, 98116. (206) 932-5921 or Email:LDDOUG@SCN.ORG.
- Aug 2-3: 1997 Jeep National Championship Series. Seattle. Cross-country #5, Downhill #7, Dual Slalom #5 NORBA, One Olympic Plaza, Colorado Springs, CO, 80909. (719)578-4596.
- Aug 2-3: NORBA NCS #6. Seattle, WA. 1012 W. 23rd Ave, Spokane, WA, 99203. .
- Aug 2: Lower Big Quilcene Greatest Hits Ride #6. Elisa Shostak, Backcountry Bicycle Trials Club, P Box 21288, Seattle, WA, 98111. (206) 283-299
- Aug 8-10: Specialized Cactus Cup. Blackcomb, BC. Dual salom, time trial, cross-country, criterium and kid's race. Nicole Siow, Specialized Bikes, (800) 465-8887 (Canada) or (800) 245-3462 (USA).
- ooor (valitudu) (000) 245-342 (OSA). Aug 10: Hell of the Northwest. Bellingham, WA. Kulshan Cycles , (360) 733-6440. Aug 16-17: Kona Challenge. Whistler, B.C.. AMBC Western Circuit NORBA, One Olympic Plaza, Colorado Springs, CO, 80909. (719)578-4717.
- Aug 16-17: Whistler Challenge. Whistler, B.C. . Claire Bonin, ProCom, 2074 Henry Ave., PO Box 2175, Sydney, B.C. CANADA, V8L 3S6. (250) 656-6165 or Fax: (250) 655-4334.
- Aug 16: Shredtopia. Yamhill, OR. Fianl race #7 (mandatory) of the Oregon Teva Fat Tire Race Series Bill Thomas, 4214 NE 72nd, Portland, OR, 97218. (503)288-3018 or Email: Daaaah @aol.com.
- (SU3)285-3018 of Email: Dataata @aol.com.
 Aug 17: Hop Cup Race. Bonney Lake, WA. X country
 race. Fee: \$12 per race entry. Doug Cartwright, Kelley
 Creek Brewery, 20123 Old Buckley Hwy, Bonney
 Lake, WA, 98390. (206) 682-5969.
 Aug 25: Cascade Cruise. Mt. Bachelof to Bend, OR.
- Approx. 30 mile mountain bike ride from Mt. Bachlerot to bend. After one major climb, mostly downhill mixed 50/50 with single track and fire roads. 10:00 a.m. meet at Mt. bachelor nordic center. Fee: \$5. Hutch's Bicycle- Bend, (541) 382-9253.
- Sep 12-14: Oregon Championship Series #5. MT. Hood Ski Bowl, OR. PO BOX 320, Government Camp, OR, 97028
- Sep 13-14: UCI Mountain Bike World Championships. Switzerland. NORBA, NORBA, One Olympic Plaza, Colorado Springs, CO, 80909. (719)578-4717.
- Colorado Springs, CO, 80909. (719)578-4717.

 Sep 20-21: Belfair Mountain Bike Festival. Belfair, WA. Rock & Road Cyclery's 3 rd Annual Mountain Bike Festival: Fun music & lots of racing for all ages. Fee \$15 for preregistration with 5 canned goods. Cross country race, observed trails and dirt criterium. Gordon Swetland, 5076 N. Third, Fort Lewis, WA, 98433. (206) 964-0960 or Email: swetlang@sprynet.com.

 Sep 20: Snoqualmie Pass Tunnel Ride- Greatest Hits Ride #7. Elisa Shostak, Backcountry Bivorle Trials
- Ride #7. Elisa Shostak, Backcountry Bicycle Tria Club, P.O. Box 21288, Seattle, WA, 98111. (206) 283-2995.
- Sep 26-28: Mt. Hood Skibowl (AMBC). Portland, OR Petr Kakes, Hurrican Racing, PO Box 280, Govern Camp, OR, 97028. (503) 272-3206 x244 or Fax: (503) 272-3554.
- Sep 28: Black Rock Cannonball Ride. Bend, OR. The classic "farewell to summer" mountain bike ride. Approx. 20 miles at 6000 ft. + elevation around Paulina lakes. 10:00 a.m. meet at Paulins lake parking area, 20 miles SE of Bend. Hutch's Bicycle-Bend, (541) 382-9253.
- Oct 3-5: Methow Valley Mountain Bike Festival

- Winthrop, WA. Fun family event! Features downhill and cross country races, bike rodeo, criterium, salmon dinner, guided rides and catered lunch rides. Celeste Johnston, Methow Valley Sport Trails Association, P.O. Box 147, Winthrop, WA, 98862-0147. (509) 996-3287 or Fax: (509) 996-3282 Email: mvsta@methow.com.
- Oct 18: Tolt McDonald Rambler- Greatest Hits Ride #8. Elisa Shostak, Backcountry Bicycle Trials Club, P.O. Box 21288, Seattle, WA, 98111. (206) 283-2995.

Other (

Aug 2: Surf & Turf. Port Townsend, WA. Triathalon & Relay at Fort Worden State Park. 2.5 nautical mile Kayak Race (or any other sea worthy vessel) an 8m mountain bike race followed by a 6 km X-C Footrace. Fee \$30. Seperate entries are required for every relay team. Bette Auila, PO Box 1409, Port Hadlock, WA, 98339. (360) 385-3831 x 528 or (360) 379-0513.

Rides and Tours

- Feb 22: President's Day Ride "A/B". Portland, OR. of 22: President's Day Ride "AIS". Portland, UR. Celebrate the country's 1st President's birthdy the old fashioned way-up to 20 miles followed by coffee & Pastries. Minimal elevation gain. 9 a.m. -12p.m. Fee:\$6, 18ys. - Adult. Meet at Cedar Hills Recreation Center. Joan Andersen-Wells, Cedar Hills Recreation Center, 11640 SW Park Way , Portland, OR, 97225. (503) 644-3855.
- (803) 644-3693.

 Feb 23: Sitver Anniversary Chilly Hilly. Bainbridge Island, WA. Start in Seattle to Bainbridge Island, 32 milles, supported. Fee: \$17 includes ferry cost. Limited to the first 4,500 registrants. Benefits Helpline House, Banbridge Island Youth Services, other local chartities Jan Paige, Cascade Bicycle Club, PO Box 312999, Seattle, WA, 98103. (206) 522-BIKE.
- PU Box 312999, Seattle, WA, 98103. (206) 522-BIKE Mar 15. McClinchy Mile. Monroe, WA. Choice of 4 loops, 24, 40, 50 & 70 miles fun ride beginning at Monroe HS. Pre-registration fee: \$12 (\$15, day of ride). Ride includes snacks, maps and Don Henrys Patty Garrett or Linda Hunter, B.I.K.E. S. of Everett, P.O. Box 5242, Everett, WA, 98206. (206) 339-7655 (ROIL).
- (ROLL).

 Mar 15: St. Patty's Green Day Ride "A/B". Portland,
 OR. Celebrate Spring and get ready for the St.
 Patrick's Day Run/Walk. Distance up to 20 miles
 around Beaverton. 9 am. -12 pm., 11 yrs. Adult,
 Fee: \$6. Meet at Cedar Hills Recreation Center, 10an
 Andersen-Wells, Cedar Hills Recreation Center, 11640
 SW Park Way , Portland, OR, 97225. (503) 644-3855.
- SW Park Way , Portland, OR, 97225. (603) 644-3855. Mar 22: How lat the Moon "B". Portland, OR. This night ride will take you along the Leif Erickson Trail Forest park in search of Wiley Coyote. head & tail lights required. 7 p.m. 9 p.m., 15 yrs Adult. Fee: \$6. Meet at Cedar Hills Recreation Center. Joan Andersen-Wells, Cedar Hills Recreation Center. Joan Andersen-Wells, Cedar Hills Recreation Center, 11640 SW Park Way , Portland, OR, 97225. (503) 644-3855.
- Apr 6-12: Paradise Pedaling, Wheeling Hawaii 1. Hawaii. (800) 433-0528.
- nawaii. (800) 435-0528. Apr 27: Lilac Rotary Century Surprise Bicycle Ride. Spokane, WA. A family tun ride 25/50/100 mile courses. Bill Holcomb, 1617 West Grace, Spokane WA, 99205. email: wholcomb@on-ramp.IOR.com o fax: (509) 467-4710.
- May 3: 13th Annual Ride Around Clark County (RACC).
 Vancouver, WA. 35, 65, 100 mile options. Hilly, sceni and beautiful. \$10 pre-registration by 4/23 or \$15 day of ride. Thom Reed, Vancouver Bicycle Club, 804 NW 19th Circle, Vancouver , WA, 98604. (360) 687-
- 1189.

 May 3-4: Scenic Tour of the Kootenai River '97. Libby, MT. 3rd annual event boasts of beauty, roaring waterfalls, wildlife and few cars. 2 day tour in remote N.W. Montana (3 hrs. from Spokane). Benefits habitat for humanity. Isimit:250. Susie Rice, 1020 Idaho, Libby, MT. 59923. (406) 293-8275 or (406) 293-8715, email: gregrice@libby.org.

 May 3-10: Puget Sound. Puget Sound region. One week bike tour that explores the Puget Sound region and all it has to offer. Fee: \$1,682. Tour also offered May 31-Jun7. June 14-21, 21-28, 2-8-July 5, July 12-19, 19-26, 26-Aug2. Call for more dates. Bicycle Adventures, PO Box 11219. Olympia, WA, 98508. (307)786-0889 or (M80) 443-6060.
- (מעט) 443-0000. May 3-10: Puget Sound. Puget Sound region. One week bike tour that explores the Puget Sound region and all it has to offer. Fee: \$1.682. Tour also offered May 31-Jun 7, June 14-21, 21-28, 28-July 5, July 12-19, 19-26, 26-Aug2. Call for more dates. Bicycle Adventures, PO Box 11219, Olympia, WA, 98508. (360)786-0989 or (800) 443-6060.
- May 4: Monster Cookie Metric Century. Salem, OR. Metric Century (& miles) ride north from Salem to Champoeg State Park for lunch and back through flat farmland. Supported with drink, snacks, lunch and sag wagon. Trudy Mathae, Salem Bicycle Club of Oregon, P.O. Box 2224, Salem, OR, 97308. (503) 585-3079 or email: dparrow@teleport.com.
- May 4: Camano Climb. Camano Island. A great tune-up ride for STP, 51 miles of scenic bicycling around the perimeter of Camano Island with an escape route of about half the distance for those who wish a shorter ride (No ferry ride required). Fee: \$20 includes two food stops and free t-shirts for the first 500. Stop by the "illumiNTE" booth at the Greater Seattle Bike Expo for a pre-reg packet. Stanwood Velo Sport, 8500 Cedarhome Drive, Stanwood , WA, 98292. .
- May 10: Skagit Spring Classic. Bayview Elementary School, Burlington, WA. Scenic ride features salt water

- views, rivers, farmlands and a choice of 25, 40, 62 and 100 mile courses. Pre-registration \$15, day of ride, \$18. Entry-fee includes map, food, sag, showers and an all-you-can-eat spaghetti feed from 12:30 to 4:30 p.m. Marshall Will, Skagit Bicycle Club, P.O. Box 151, Burlington, WA, 98/233, (360)652-0653.
- 151, Burlington, WA, 98233. (360)652-0653.

 May 17-18: Trek Clean Air. Seattle Ferry Terminal,
 Seattle WA. Two-day, 110-mile recreational bicycle
 ride on the Olympic Penninsula, from Seattle to
 Westport. Full support. \$35 registration fee and \$250
 in pre-collected pledges. Benefits the American Lung
 Association of Washington. Lof Brown, American
 Lung Association of Washington. 2625 ard Ave,
 Seattle, WA, 98121. (206) 441-5100 or (800) 7329339
- 9339.

 May 17: Reach the Beach. Portland, OR. Tour the Oregon Coast. Fully supported with a post ride BBQ. So, 75 and 100 mile rides plus a mountain bike course. Benefit for the American Lung Association of Oregon, Rick Milner, American Lung Association of Oregon, 9320 SW Barbur Blidw. #140, Portland, OR, 97219, (503) 246-1997.
- May 18: The 12th Annual Santa Fe Century.
 Santa Fe, NM. 25, 50, 75 and 100 mile
 routes. Terrain: flat, rolling, moderately hilly.
 Food stops. Sag-wagon support vehicles.
 Fee:\$13, includes water bottle, rider
 numbers, maps & route marking, food &
 drinks, sag support. Willard Chilcott,
 (505)982-1282.
- (300)962-1282. May 24-31: Woman Tours-Zion/Bryce. Cedar City, UT to Zion/Bryce. A women only road tour. 7days. Fee: \$870, includes Inn -to-Inn, van supported and all meals. Gloria Smith, Woman Tours, PO Box 931, Driggs, ID, 83422. (208) 354-8804. May 26-21.
- May 26: 7 Hills Kirkland. Kirkland, WA. One day ride across seven Eastside hills. Bill Burwell, 13535-127th NE, Kirkland, WA, 98034. 821-
- May 27: Sunnyside Silver Anniversary Ride.
 Sunriver, OR. Help us celebrate our 25th year
 with this 25 mile road ride. No fee. Susan
 Bonacker, Sunnyside Sports, 930 NW
 Newport Ave, Bend, 97701. (541) 382-8018
 or fx: (541) 382-3079.
- or fix: (541) 382-3079.
 Jun1: The Best of the Northwest Bike Ride. A
 great STP training ride! 50 and 100 mile
 routes through a rural river valley. Scenic
 water views. Michelle Kinsch, Alki Bicycle
 Company, P.O. Box 85194. Şeattle, WA,
 84145. (206) 527-7541 or (206) 527-7894
 Email: wcrotersaol.com.
- Jun 1: No Frills Century. Redmond, OR. 65 and 100 mile road ride through the back roads between Redmond, Prineville and Madras. Fee: \$10 Susan Bonacker, Sunnyside Sports, 930 NW Newport, Bend, OR, 97701. (503) 382-8018
- 8018.

 Jun 1-5: Southwest Tours. Utah. Road bike tour Bryce to Zion Canyon, small intimate groups. Includes lodging, most meals, road support, gear transport. Call for full calendar of rides offered. Sandy Green, Scenic Adventure Cycling, 1324 NW Vickburg, Bend, OR, 97701. (541) 335-5257 or (541) 330-6118, Email: Info@scenic.com.
- Jun 1: Tour de Spokane. Spokane, WA. Road tour between Spokane. Cheney and surrounding rareas. Half metric century, full metric century or full 100 mile century, your choice. Wendy Zupan, Round & Round Productions, 2704 S. Stone, Spokane, WA, 99223. (609) 535-4757 or (609) 533-9354, and productions of the control of the email:wendvz@on-ramp.ior.com.
- emailwendyz@on-ramp.ior.com.
 Jun 7: Wenatchee Apple Century and Half
 Century. Wenatchee, WA. This 8th annual
 ride is the premier STP training ride. 100 mile
 road ride and 50 mile road ride. Full support,
 substantial food stops, sag wagons and repair
 service. Fees: \$25 before 6f7 or \$30 after.
 Start 8 a.m. David Whitmore, Wenatchee
 Sunrise Rotary, P.O. Box 1433, Wenatchee,
 WA, 98807. (509)662-9544 or (509) 6628559.
- Jun 7: Lewis County Classic. Chehalis, WA (Chehalis Middle School). An annual event. 25, 50, 100 kilometer routes. Lewis County Classic T-shirt. Pre-register by May 24. Fees: Individual - \$25, Tandem - \$20 per person (\$30 and \$25 per - late registration). Twin Cities Chamber of Commerce, 500 NW Chamber of Commerce Way, Chehalis, WA, 98532. (800) 525-3323 or (360) 748-8763
- Jun 7-15: Woman Tours-Grand Tetons & Yellow n /-15: Woman I outr-G-Grand letons & Yellow Stone. Grand Tetons. A women only road tour of the Grand Tetons, Yellowstone and Idaho loop. Fee: \$980, includes In -to-Inn, van supported and all meals. Gloria Smith, Woman Tours. PO Box 931, Driggs. ID, 83422. (208) 354-8804 or (800) 247-1444 or (208) 354-
- 8804.

 Jun 7-8: MS Tri-State Bike Tour. Montana, Idaho, Washington. A benefit for the Inland Northwest Chapter, National Multiple Sclerosis Society. Pedal through scenic mountains and countryside of Montana, Idaho, and Washington. Full lodging, meals and support. Fee: \$25; \$30 after 5/26/97. Includes 1-shirt, water bottle. Minimum pledge of \$150. Great prizes for fundraising. Recruit a team! Chris Polello, 818 E. Sharp.

- Spokane, WA, 99202. (509) 482-2022 or (509) 483-1077.
- 1017.
 Jun 7: Portland Wheelmen Spring Century. Canby Fairgounds, Portland, OR. 50 km. 100 km and 100 mile course. Rick through the Williamette Valley. Mark Greenblatt, Portland Wheelmen, 16 SW Canby, Portland, OR, 97219. (503) 293-1069 or (503) 977-0277.
- Juns: Flying Wheels Summer Century. Redmond, WA. The official training ride of the STP. Distance(s) 30, 60, 100 miles supported. Fee: \$15 Pat Sawyer, Cascade Bicycle Club, P.O. Box 31299, Seattle, WA, 98103. (206)522-BIKE.
- Jun 13: Puget Sound Bike to Work Day. Several locations. Enjoy this annual event with a friend or co-
- worker and help promote clean air! CBC sponsors rides from all over Seattle to the official rally in Westlake Park. Dozens of into stations located on popular commuter throughways around Puget Sound. Cascade Bicycle Club, P. O. Box 31299, Seattle, WA, 98103. 206-522-BIKE.
- Jun 14: Tour De Blast. Spectacular ride into the Mt. St. Helen blast zone. Two rides of 50K fun ride to the Toutle River Dam rest stop. 13K challenge to Johnson Ridge viewpoint directly across from Mt. St. Helen's crater. Fee: \$30. Includes T-shirt, riders food, drink and support and end-of-ride pasta feed. Register after 5/14/97 and fee is \$40. Longview Noon rotary Club, PO Box 1105, Longview, WA, 98632. (360) 749-2192 or Fax (360) 636-3421.
- Jun 16-Aug 2: Coast to Coast Bicycle Classic. (800) 433-0528.
- 433-0528. Jun 21-22: Seattle to Portland Bicycle Classic (STP). Kingdome, Seattle. THE ride in the Northwest. Join 10,000 riders for the trek to Portland with a finish line festival leave June 21 for a back-to-back century, June 22 for a double century. Fee: \$60. Sign up early! Will Chin Steve Daviess, Cascade Bicycle Club, P.O. Box 31299, Seattle, WA, 98103. 206-522-BIKE. Jun 22-28: Olympic Peninsula. Olympic Peninsula. Almost a week of biking around the expansive
- Almost a week of biking around the expansive Olympic Peninsula. Fee: \$1,454 includes transfer to/ from start of tour.Tour also offered August 3-9, and 17-23. Bicycle Adventures, PO Box 11219, Olympia , WA, 98508. (360)786-0989 or (800) 443-6060.

"You don't have to be a World Class Cyclist to Ride For A Reason."

Greg LeMond Three time Tour de France Champion and spokesperson for Ride For A Reason





A Bike Ride to Benefit AIDS From Portland or Vancouver, BC to Seattle August 14- 17, 1997

Join thousands in the first international AIDS bike event! Four days and 200 miles, fully supported with meals, beverages, bike support, entertainment, snacks, massage, relief vans and transportation for your personal belongings. You provide the bike, the body and the spirit.

For more information: call toll free 1-888-89BIKES or 206.322.BIKE in Seattle

or visit us on the web at http://www.rideforareason.org. Proceeds benefit:

AIDS Vancouver

Bailey Boushay

Cascade AIDS Project

Chicken Soup Brigade

Northwest AIDS Foundation

People of Color Against AIDS Network





Cole & Weber

- Jun 23-26: Cascade Sampler. Cascades. Enjoy a four day trek through the Cascades. Fee: \$834 with transfer to/from tour included. Tour also takes place July 7-10, 21-24. August 4-7, September 1-4, 29-Oct2, October 20-23. Bicycle Adventures, PO Box 11219, Olympia , WA, 98508. (360)786-0989 or (800) 443-6060.
- Jun 23-27: Southwest Tours. Idaho. Road bike tour Sawtooths to Sun Valley, small intimate groups. Sawtooths to Sun Valley, small inturnate groups. Includes lodging, most meals, road support, gear transport. Call for full calendar of rides offered. Sandy Green, Scenic Adventure Cycling, 1324 NW Vickburg, Bend, OR, 97701. (541) 385-5257 or (541) 330-6118, Email: info@scenic.com.
- 6118, Email: info@scenic.com.
 Juna 62-7: MRS 150 Jazz De-Light Bike Tour. Seattle,
 WA. Exciting new route! Two days, 150 miles. Cycle
 scenic port Townsend and experience the Port
 Townsend Jazz Festival. Explore historic lighthouses
 along the way. Optional century! loop. Fully supported.
 Start/finish in the Seattle/Everett area Tori Darnell,
 192 Nickerson St., Ste. 100, Seattle, WA, 98109.
 (800) 800-7047 or (206) 284-4236 or (206) 2844972.
- Jun 28: Cannonball. Seattle to Spokane. Ride from Seattle to Spokane along Route 2 in one day (275 miles). Terry Zmhal, 9304 168th Place NE, Redmond, WA, 98052. (206) 861-1766 or email: terryz@microsoft.com.
- Jul 7-8: Silverton Cycling Festival. Silverton. Euro-style roadrace around a 90-100 mile course. Rolling enclosure. \$1000 prize list. Steve Yenne, 1790 Liberty St. SE, Salem, OR, 97302. (503) 362-0500 or Fax: (503) 362-5302 Email: YENNES@aol.com.
- Fax: (503) 362-5302 Email: YENNES @ aol.com. Jul 12: Midsummer Nightmare Pouble Century Ride. Spokane and Stevens Counties. One-day, 200 mile bike tour with over 10,000ft of elevation gain. Features a tough course on the beautiful rural roads of Spokane and Stevens counties, river views. A moderately hilly and challenging ride. Limited support, snacks and commemorative 1-shit. Fee: 252 Send SASE. Brian Houser, Steve Sauser, Spokane Bircytle Club, PO Box 62, Spokane, WA, 9921-0, (509) 325-1171 (mess.) or Fax: Attn Sauser (509) 928-1116, Jul 13: Willagetts Georges (1997).
- Jul 13: Willamette Greenway Tour. 21st annual tour of Williamette Valley. Choose between 50 and 75 mile loops. Susan Chavez, Mid Valley Wheelmen, P.O. Box 1283, Corvallis, OR, 97339. 503-758-5006.
- Jul 13-20: TREK Redwoods to Golden Gate. Northern California. Ride starts at avenue of the Giants in N. California. Ride to the Golden Gate bridge. Full Support. Fee: \$50 with minimum of \$800 fundraising.
- Jul 13-20: Trek Redwoods to Golden Gate. California Eight-day ride begins in N. California at Avenue of the Americas. Ride to the Golden Gate Bridge. Fee: \$50

- and minimum of \$800 in pledges. Fully supported Lori Brown, American Lung Association of Washington, 2625 3rd Ave, Seattle, WA, 98121. (206) 441-5100 or (800) 732-9339.
- Jul 13-17: Northwest Tours. San Juan Islands. Road 113-17: Northwest Jours. San Juan Islands. Road bike tour, small intimate groups. Includes lodging, most meals, road support, gear transport. Call for full calendar of rides offered. Sandy Green, Scenic Adventure Cycling, 1324 MW Vickburg, Bend, OR, 97701. (541) 385-5257 or (541) 330-6118, Email:
- info@scenic.com.

 Jul 13: Tour de Pierce. Puyallup Fairgrounds, Puyallup,
 WA. 12, 30 and 50 mile loops of varying terrain
 through beautiful Puyallup Valley countryside.
 Sponsored by the Pierce County parks to benefit
 bicycle safety and youth recreation programs. Preregistration preferred. Fes: \$10 individual, \$25 family
 (\$12 and \$30 day of ride. Mike Dobb, Pierce County
 Parks, 9112 Lakewood Dr. SW, Tacoma, WA, 98499.
 (206) 593-4176.
- Jul 16: Ice Cream Classic. Sunriver, OR, 55 mile road ride from Sunriver around Mt. Bachelor. Fee: \$5 Susan Bonacker, Sunnyside Sports, 930 NW Newport Ave, Bend, OR, 97701. (541) 382-8018 or (541) 382-3079 Email: sunnyside@kmxnet.com.
- Jul 19: S 2 S. Seattle to Spokane. Ride from Seattle to Spokane along Route 2 in one day (285 miles). Terry Zmrhal, 9304 168th Palec NE, Redmond, WA, 98052. (206) 861-1766 or email: 052. (206) 861-1766 or email: ryz@microsoft.com.
- Jul 19: Watermelon Rides. Willamette Valley, OR. A one day ride through the southern Willamette Valley with three route options: 82miles, 124 miles and 200 miles. Martin Doerfler, Salem Bicycle Club, PO Box 2224, Salem, OR, 97308. (503) 390-0079 or Email: dept. Williamet. dparrow@teleport.com.
- Jul 20-26: Northwest Tours. Puget Sound . Road bike tour to Vicxtoria, B.C., small intimate groups. Includes lodging, most meals, road support, gear transport. Call for full calendar of rides offered. Sandy Green, Scenic Adventure Cycling, 1324 NW Vickburg, Bend, OR, 97701. (541) 385-5257 or (541) 330-6118, Email:
- into@scenic.com.

 Jul 26-27: Saragosa Weekend. Near Eugene, OR. A weekend of trafficiess touring based at Saragosa Old West Recreation Park. Century option on Saturday, live band, feasting camping. Paul Kemp, Pathfinders, P.O. Box 210, Oakridgo, OR. 97463. 800-778-4838 or E-mail: pathfindr@efn.org.
- Jul 26: Out Spokin' for Habitat. Sawyer Park, Bend, OR. A benefit for the Bend Area Habitat for Humanity. Three scenic routes: 26-45-84 miles. Fully sag supported, refreshment stops, T-shirts, Win great

prizes. Bend Area Habitat for Humanity, 138 N.E. Revere, Bend, OR, 97701. (541) 385-5387.

- Jul 27: Trident Triple Bicycle Ride. al 27: Trident Triple Bicycle Ride Silverdale, WA Located on the Central Kitsap Peninsula, the ride provides challenging scenic tour loops of 16-30-50 & 100 miles. All loops include a unique 10 miles tour of the Navy 3 TRIDENT submarine base. Fee: \$15 for adults & \$10 for children 17 and under. Proceeds from the ride benefit the Paul Linder Educational Foundation and the Silverdale Chamber of Commerce. (360) 692-6800.
- Jul 27: Hutch's Hundred. Bend, OR. Century ride west of Bend. Route will probably include Sisters and North Redmond. 9:00 a.m. meet at Hutch's Westside. Fees: \$5. Call for more information. Hutch's Bicycles, 820 NE Third Street, Bend, OR, (541) 382-6248.
- Bidy, OR, (541) 382-6248.

 Aug 2-9: CycleTour Alberta.
 Alberta. Experience the best of
 Alberta Experience the best of
 Alberta in the Canadian Rockies.
 From Jaspar to Lake Loise you'll
 cycle for four days through the
 National Parks with visits to
 Athabasca Falls, the Columbia
 Iceffields and more. There is a two
 day hike around the trails of the
 Vally of 10 Peaks and Moraine
 Lake. Fee: 4445 US. All inclusive
 (camping) Robin McKinney,
 R.E.M. Event management, 11816 McNicoll Ave., Vancouver,
 B.C., VS. 148. (604) 878-8800 or
 (604) 738-7655, email:
 rem@mindlink.b.c.a.

 Aug 3-6: Tour de Lane, "The Baby's
- Rememinalink.oc.ca.

 Aug 3-6: Tour de Lane, "The Baby's
 Bottom". Lane County, OR. Fully
 supportred tours of untraveled,
 paved roads in Lane County, OR.
 Ride from the Cascade foothills
 to the coast, 50-80 miles daily.
 Points of interest include: Points of interest include: interpreted old-growth hikes, vineyards, faux-Wild West attraction, party with band and raffle prizes. Limit: 150 riders Fee: \$285. Deadline for registration: one month before ride. Paul Kemp, Pathfinders, P.O. Box 210, Oakridge, OR, 97463. 800-778-4838 or E-mail: pathfindr@efn.org.
- Aug 3: Snolguamie Tour de Peaks.

- Snoqualmie, WA. 8 mi, 50 km and 100 km tours, all featuring great scenery, town festival events and local restaurant food sampling. Fee: \$15 ind. \$30 family and \$25 tandem prereg. \$20/35 day of race. Fee includes marked route, map, route guide, number, sag, souvenir and first 300 preregistered riders receive free 1-shirt. Celebrate Snolquamie Hawaiin Daysl Karen McKieman, Snolquamie Valley Events, Inc., P.O. Box 2026, Snoqualmie, WA, 88065. (888) 0021.
- Aug 7: Sunnyside Century. 25th annual Century Ride around Century Drive and Mt. Bachelor. 50,100 mile options available. Susan Bonacker, Sunnyside Spor 930 NW Newport Ave, Bend, OR, 97701. (541) 382-8018 or (541) 382-3079 Email: sunnyside@kmxnet.com.
- 8018 or (641) 382-3079 Email: sunnyside@kmxnet.com.

 Aug 14-17: Ride for a Reason. Portland, OR to Seattle or Vancouver, B.C. to Seattle. A long distance bike ride involving 1,500 riders simultaneously departing Portland and Vancouver, B.C. and pedaling to Seattle. A fully supported ride from start finish: food, camping, massage, entertainment and mechanical support on the road. Riders raise a minimum of \$1,500 in pledges that benefit the work of HIV and AIDS prevention, education and care services agencies in the Northwest. 50 mi a day with an enlargement option to 80 mi on day 2 or 3.Fee: \$45 with a minimum of \$1500 in pledges. Weekly rider orientation meetings with all information and materials necessary to get started. Riders have an individual ride guide to support them with fitness training, fund raising. Discounts offered for gyms, bike shops and free classes. Web address http://www.rideforareason.org.Cascade.AIDS.Project, Northwest.Aids Foundation, Chicken Soup Brigade, Bailey Boushay House, People of Color Against Aids Network AIDS Vancouver, B.C., (888) 89-BIKES or (206) 322-BIKE. (206) 322-BIKE.
- (20b) 322-BIRE. Aug 15-16: Ride from Seattle to Vancouver, B.C. and Party (RSVP). Start in Seattle. 200 miles, supported. \$50 fee. Limited to the first 900 registrants. Back to back century. Lively party at the Vancouver, B.C. finish line. Benefits Ride for a Reason. David Swendt, Cascade Bicycle Club, P.O. Box 31299, Seattle, WA, 98103. (206)522-BIKE.
- 98103. (206)522-BIKE.

 Aug 16-19: Tour de Lane, "The Classic". Lane County, OR. Fully supportred tours of untraveled, paved roads in Lane County, OR. Ride from the Cascade foothills to the coast, 50-80 miles daily. Points of interest include: interpreted old-growth hikes, vineyards, faux-Wild West attraction, party with band and raffle prizes. Limit: 200 riders per tour. Fee: \$285. Deadline for registration: one month before ride. Paul Kemp, Pathfinders, P.O. Box 210, Oakridge, OR, 97463. 800-778-4838 or E-mail: pathfind: @efn.org.
- 778-4838 or E-mail: pathfindf@efn.org.
 Aug16-30: CycleTour Britist Columbia Ride Across
 B.C. British Columbia Ride across B.C. The 670 mile
 ride starts in lake Louise, Alberta in the Canadian
 Rockies and passes through Yoho National Park
 through Rogers Pass in the Selkirk mountains. Visit
 hor springs, a desert and ghost bowns. Ends in
 Vancouver, B.C. Fee: \$445 US. All inclusive
 (camping) Robin McKinney, R.E.M. Event management, 1-1816 McKilool Awe, Vancouver, B.C., VB,
 1A6. (604) 878-8800 or (604) 738-7655, email:
 rem@mindlink.bc.ca. rem@mindlink.bc.ca
- ventremmunink.oc.ca.

 Aug 21-24: "Crater Lake or Bust!". Oakridge, OR. Fully supported tour from Oakridge. OR to Crater Lake and back, mostly on paved roads with no traffic and lots of old growth. Paul Kemp, Pathfinders, P.O. Box 210, Oakridge, OR, 97463. 800-778-4838 or E-mails. pathfindr@efn.org.
- Aug 23-25: Courage Classic. Snoqualmie, WA. 3-day, 172-mile, 3-pass adventure through Cle Elum, Leavenworth and Skykomish. Fundraising event for Mary Bridge Children's Hospital. Fully upported, all meals, terrific staff and continuos smiles. Tim Mealand, Tim Kneeland & Associates, Inc., 200 Lake Washington Blvd., Ste. 101, Seattle, WA, 98122-6540. (800) 433-0528.
- 6540. (800) 433-0528. ugg 30-Sep5: Woman Tours-Canadian Rockies. Canadian Rockies. A women only road tour in the Canadian rockies and Jasper Barlif. Fee: 8885, includes Inn -to-Inn, van supported and all meals. Gloria Smith, Woman Tours, PO Box 931, Origos, ID, 83422. (208) 354-8804 or (800) 247-1444 or (208) 354-8804
- Sep 6-14: Woman Tours-Canadian Rockies. Canadian po-14: woman i ours-Lanadian kockies. Lanadian Rockies A women only road tour in the Canadian Rockies covering five National Parks and 507 miles. Fee: \$1370, includes Inn -1-o-lnn, van supported and all meals. Gloria Smith, Woman Tours, PO Box 931, Driggs, ID, 3842e. (208) 354-8804 or (800) 247-1444 or (208) 354-8804.
- Sep 6-7: Saragosa Weekend. Near Eugene, OR. A weekend of trafficless touring based at Saragosa Old West Recreation Park. Century option on Saturday, live band, feasting camping. Paul Kemp, Pathfinders, P.O. Box 210, Oakridge, OR, 97463. 800-776-4838 or E-mail: pathfind@elin.org.
- mail: pathfindr@ein.org.

 Sep 6-14: 2nd Annual Kettle Valley Cycle Tour. British
 Columbia. Mountain bike 300 miles over 8 days along
 a trail that utilizes abandoned railbeds that weave
 through canyons, past mountains, orchards vineyards,
 lakes and rivers. Registration fee of \$445 US all
 inclusive. Winetasting, nightly entertainment. Camping
 -100 participants maximum. Robin McKinney, R.E.M.
 Event management, 1-1816 McNicoll Äve., Vancouver,
 B.C., VSJ 146. (604) 878-8800 or (604) 738-7655,
 email: rem@mindlink.bc.ca.
- Sep 6-Jun 8: Trek Tri Island, Lori Brown, American Lung Association of Washington, 2625 3rd Ave, Seattle, WA, 98121. (206) 441-5100 or (800) 732-9339.
- Sep 7-13: Cycle Oregon Ten. Idaho to Oregon. Cycle from the border of Idaho to the Oregon Coast. Cycle

- Sep 7-13: Wheeling Washington IV. (800) 433-0528. Sep 13-Jun 15: Trek Tri Island. Lori Brown, American Lung Association of Washington, 2625 3rd Ave, Seattle, WA, 98121. (206) 441-5100 or (800) 732-9339.
- Sep 20-28: Woman Tours-Zion/Grand Canyon. Zion. A women only road tour from Zion to the Grand Canyon and Bryce. 326 miles. Fee: \$1160, includes Inn -to-Inn, van supported and all meals. Gloria Smith, Woman Tours, PO Box 931, Driggs, ID, 83422. (2 354-8804 or (800) 247-1444 or (208) 354-8804.
- 354-8804 or (800) 247-1444 or (208) 354-8804.
 Sep 21: 18th Annual Autumn Century Ride. Wandermere Mall, N.Division, Spokane, WA. 25, 62 &100 mile scenic rides around Spokane with mechanical smedical support. Cookies, shiris, great food and more cookies. Proceeds to benefit Bioyele Safety and Education. Fees: \$5, \$10 and \$20 (includes t-shirt) Prize drawings. Send SASE. Buck Rogers, Spokane Bioyele Club, P.O. Box 62, Spokane, WA, 99210-0062.
 (509) 325-1171 or Fax: Attn Sauser (509) 928-1116.
- Sep 26-28: The 15th Annual Orgon Trails Bicycle Trek. Willamette Valley. 2 or 3 days pedaling through scenic Willamette Valley. Full support. Fees in pledges. Rick Milner, American Lung Association of Oregon, 9320 SW Barbur Blvd., #140, Portland, OR, 97219. (503) 246-1997.
- 246-1997.

 Sep27-28: September Winery Weekend. Near Eugene, OR. Two days of relaxed touring in the beautiful Willamette Valley. Highlight is a Winemaker's dinner-five course gourmet fare with appropriate wines. Paul Kemp, Pathfinders, P.O. Box 210, Oakridge, OR, 97463. 800-778-4838 or E-mail: pathfndr@efn.org.

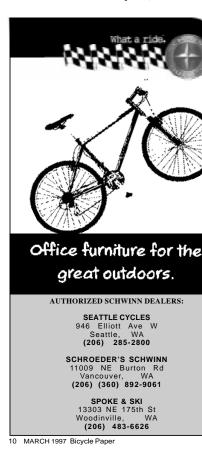
 Sep 28: Peach of a Century. A ride south and east of Salem, fully supported with teo route options- a full century and a metric century. Jackie Jefever. Salem
- century and a metric century. Jackie Lefevre, Salem Bicycle Club, PO Box 2224, Salem, OR, 97308. (503) 390-9558 or Email: dparrow@teleport.com.
- 390-9558 or Email: dparrow@teleport.com.
 Oct 4: Manastash Metric Fall Colors Tour. Public Safety
 Bldg, 2nd and Pearl. Ellensburg, WA. Ride flat to
 rolling hills (tandem friendly terrain) along the majestic
 Yakima River, on back roads free from heavy traffic.
 Choice of 32 or 62 mile loops fully supported with sag
 and food stops. \$10 pre-registration and \$12 day of
 race (\$15 & \$17 tandem). Day of ride registration:
 7:30 9 am. Pre-registration forms at your local bike
 store or \$ASE to contact address. Ruth Ann Stacy,
 City of Ellensburg, 661 Strange Road, Ellensburg, WA,
 98926. (509) 925-4536 or Email: \$TACY@CWU.EDU.
- 98926. (309) 923-4346 or Email: STACY@CWU.EDU.

 Ot5: Kitsap Color Classic. Edmonds, WA Fifth annual!
 Ferry to Kingston and pedal 13, 25, 36 miles.
 Supported. Fee: \$15, includes ferry fee. Visit historic, waterfront communities on rural Kitsap Peninsula and catch the fall colors from the seat of your bike! Pat Zanchelli, Cascade Bicycle Club, P.O. Box 31299,
 Seattle, WA, 98103. (206)522-BIKE ext.
- Oct 8-16: The Oregon Bicycle Ride. Denio Junction, NV. 250 riders. 7 day supported tour across Oregon. Denio Junction, NV to Gold Beach, OR. Includes camping, meals, gear transport and road support. Call for full calendar of rides offered. Sandy Green, Scenic Adventure Cycling, 1324 NW Vickburg, Bend, OR, 97701. (641) 385-5257 or (541) 330-6118, Email: info@scenic.com.
- Oct 10-18: Woman Tours-Natchez Trace. Natchez Trace t 10-18: Woman Lours-Natchez I race. Natchez I rac A women only road tour Natchez Trace. 458 miles. Fee: \$1050, includes Inn-to-Inn, van supported and all meals. Gloria Smith, Woman Tours, PO Box 931, Driggs, ID, 83422. (208) 354-8804 or (800) 247-1444 or (208) 354-8804.
- Oct 27-31: Woman Tours-California Wine Country. Natchez Trace. A women only road tour of the California Wine Country. Natchez Trace. A women only road tour of the California Wine Country - napa & Sonoma Counties. Fee: \$850, includes Inn - to-Inn, van supported and most meals. Gloria Smith, Woman Tours, PO Box 931, Driggs, ID, 38422, (208) 354-8804 or (800) 247-1444 or (208) 354-8804.
- Nov 30: Douglas Fruit Loop. Kenniwick, WA. Leave from Some Bagels at 10:30 a.m., Complete a 20 mile loop. Paul Jackson, (509)946-7169.

Series Races

- Mar 1-15: Banana Belt Road Series. Champoeg Park. Rural road race series. March1, March 8, and March 15. Bob Budesa, Siskiyou Wheelmen, P.O Box 974, Ashland, WA, (541) 899-3928.
- Mar 9: Tour de Dung. Dungeness Valley. Road race series near Sequim Bill Rowland, 520 -16th St., P Angeles, WA, 98362. (360) 457-8069 or (360)681-3869.
- Mar 9: Southern Oregon Time Trial. Medford. Individual Time Trial (541) 957-1020.

 Mar 16: Tour de Dung. Dungeness Valley. Road race series near Sequim Bill Rowland, 520-16th St., Port Angeles, WA, 98362. (360) 457-8069 or (360)681- 3869.
- Mar 16: Southern Oregon Time Trial. Medford Individual Time Trial (541) 957-1020.
- Mar 23: Tour de Dung. Dungeness Valley. Road race series near Sequim. Bill Rowland, 520-16th St., P. Angeles, WA, 98362. (360) 457-8069 or (360)681-3869.
- Mar 23: Southern Oregon Time Trial. Medford Individual Time Trial (541) 957-1020.
- Mar 30: 2nd Barking Spider Bash. Givens Hot Springs, ID. A rider's best 10 out of 18 races count towards championship. Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-



- Mar 30: Southern Oregon Time Trial. Medford. Individual Time Trial (541) 957-1020.
- Apr 8-Sep 16: Badlands Twilight Series. Spokane. 6 p.m. every Tuesday night. Alex Renner, S. 131 Sherman, Spokane, WA, 99202-1460, (509) 456-0432 or (509) 456-8875, email: pegasus@eznet.com.
- Apr8-Sep 2: SIR Thursday Night Road Race Series.
 Seattle International Raceway. 3 different courses. All on a 2 mile loop 1 flat and 2 with a 200 meter hill. 4 training races each night. All races start at 7 pm. Fee: \$10 day of race only. Tracey Jolley, (206) 322-0072.
- sı u aşı ot race only. Tracey Jolley, (206) 322-0072. Apr 9: Spring Point Series. Bonney Lake, WA. Seven week pont series x-country racing. Fee: \$12 per race entry. Doug Cartwright, Kelley Creek Brewery, 20123 Old Buckley Hwy, Bonney Lake, WA, 98390. (206) 862-5969.
- Apr 10-Sep 4: Seward Park Thursday Night Series Sewait Park, Seattle, W.A. A rainfurgh sinaged. a mile course with a 200 yard hill. 3 training races each night. First race starts at 5:30 pm. Fee \$8 day of race only David Douglas, Pazzo Promotions, 4207 SW Hill St., Seattle, WA, 98116. (2060 932-5921.
- Apr 12: Finley Hills Challenge. Kenniwick, WA. A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- гож, выве, щ., оз/иг. (208) 342-3910. Apr 16: Spring Point Series. Bonney Lake, WA. Seven week pont series x-country racing. Fee: \$12 per race entry. Doug Cartwright, Kelley Creek Brewery, 20123 Old Buckley Hwy , Bonney Lake, WA, 98390. (206) 862-5969.
- Apr 16-20: Tour of Willamette. Eugene, OR. Multiple day stage race John Grochau, Emerald Velo, (503) 246-1100.
- Apr 20: Oregon Trail Classic. Baker, OR. A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- визе, I.J., o.5/U/. (208) 342-3910. Apr 23: Spring Point Series. Bonney Lake, WA. Seven week pont series x-country racing. Fee: \$12 per race entry. Doug Cartwright, Kelley Creek Brewery, 20123 Old Buckley Hwy , Bonney Lake, WA, 98390. (206) 862-5969.
- Apr 30: Spring Point Series. Bonney Lake, WA. Seven week pont series x-country racing. Fee: \$12 per race entry. Doug Cartwright, Kelley Creek Brewery, 20123 Old Buckley Hwy, Bonney Lake, WA, 98390. (206)
- May 1-Sep 25: Alpenrose Weekly Series. Alpenrose Velodrome. Track races Eric Rosesinger, 3810 SW Idaho Terrace, Portland, OR,.
- May 3-4: Canfield Challenge. Coeur d'Alene, ID. A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-
- May 4: Padden Mountain Pedal . Bellingham, WA. Kulshan Cycles , (360) 733-6440.

 May 5-Aug 18: RCW Masters Night PIR. Portland
- International Raceway. Every other Monday night, age graded circuit races. 5/5, 5/19, 6/9, 6/23, 7/7, 7/23, 8/4, 8/18 Chris Hamilton, Raindance Velo Club, (503) 236-4712.See "single race" listing.
- May 6-Sep 16: GI Joes PIR Series. Beverton. Every Tuesday night circuit race Mark Schwyhart, (503) 231-
- May 7: Spring Point Series. Bonney Lake, WA. Seven week pont series x-country racing. Fee: \$12 per race entry. Doug Cartwright, Kelley Creek Brewery, 20123 (Old Buckley Hwy , Bonney Lake, WA, 98390. (206) 862-5969.
- May 9-11: Columbia Plateau Stage Race. Eastern Oregon. 3 point-to-point road stages, one time trial. Road stages together make one big loop. Marc Schwyhart, Emerald Velo, 4425 SE Woodward, #1, rtland, OR, 97206. (503) 231-0236 or (503) 227-
- May 14: Spring Point Series. Bonney Lake, WA. Seven week series x-country racing. Fee: \$12 per race entry. Doug Cartwright, Kelley Creek Brewery, 20123 Old Buckley Hwy, Bonney Lake, WA, 98390. (206) 862-5969.
- May 17-18: 9th Annual Idaho City Adventure. Idaho City, ID. A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- 342-3910.

 May 21: Spring Point Series. Bonney Lake, WA. Seven week pont series x-country racing. Fee: \$12 per race entry. Doug Cartwright, Kelley Creek Brewery, 20123 Old Buckley Hwy, Bonney Lake, WA, 98390. (206) 862-5969.
- May 24-26: Twin Rivers-Lewiston. Peter Beall, (208)
- May 31: Clearwater Cup. Moscow, ID. A rider's best 10 out of 18 races count towards championship. Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- Jun 1-Sep 30: Oregon State Champion Series. Government Camp, OR. DH, DS, XC & obs trials Petr Kakes, PO Box 320, Government Camp, OR, 97028. (503) 272-0146 or (503) 272-3554.
- Jun 6-8: Rose Festival Cup. Government Camp, OR. DH, DS, XC & obs trials Petr Kakes, PO Box 320, Government Camp, OR, 97028. (503) 272-0146 or (503) 272-3554.
- Jun 7-8: 7th Annual Bordertown Challenge. Wend, NV A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-

- Jun 15: 3rd Annual Bogus Bomber. Boise, ID. A rider's best 10 out of 18 races count towards championship. Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- Jun 21: Kelly Canyon Challenge. Idaho Falls, ID. A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-
- Jun 22: Revenge of the Singletrack, T. Falls, ID. A rider's best 10 out of 18 races count towards championship. Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-
- 3910.

 Jun 22-29: Hewlett-Packard International Women's Challenge. The Women's Challenge is an invitational stage race which includes an individual time trail, a "head to head" time trial, a criterium and 6 road stages. The prize list is \$100,000 US. Total race distance is 42.33 milles. There is a mandatory housing fee of \$360 per person and an insurance fee of \$16 per ider. There is no entry fee. James Rabdau, Box 299, Boise, ID. 83701. (208) 345-7223 or (208) 345-525 Email: hipwie@micron.net. 10 out of 18 races count towards championship Ron Dillon, of 18 races count towards championship Ron Dillon, Pon Dillon.
- of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- Jul 5: Galena Grinder. Sun Valley, ID. A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- Jul 11-13: State Games of Oregon. Government Camp. OR. DH, DS, XC & obs trials Petr Kakes, PO Box 320, Government Camp, OR, 97028. (503) 272-0146 or (503) 272-3554.
- Jul 12-13: McCall Ski Town Bike Fest McCall ID A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-
- Jul 16-17: Gorge Games. DH only Tyler Barns, (541)
- Jul 25-27: Jim Travise Memorial. Government Camp, OR. DH. DS. XC & obs trials Petr Kakes. PO Box 320. Government Camp, OR, 97028. (503) 272-0146 or (503) 272-3554.
- Jul 26-27: Big Mountain Bike Festival. Whitefish, MT. A rider's best 10 out of 18 races count towards championship. Downhill & Cross-country. Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- Aug 2: Chinook "Scorchin Hot!" Road Race Series. USCF Road Race (Circuit), 10.5 mile loop. Greg Michler, PO Box 132, Richland, WA, 99352. (509) 946—5507 or Email: bikecave@ix.netcom.com.
- Aug 2-3: Fairhaven Stage Race. Bellingham, WA. Kulshan Cycles , (360) 733-6440.
- Aug 9: 12th Annual Whitenob Challenge. Mackay, ID. A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-
- Aug 9: Chinook "Scorchin Hot!" Road Race Series. USCF Road Race (Circuit), 10.5 mile loop. Greg Michler, PO Box 132, Richland, WA, 93552, (509) 946—5507 or Email: bikecave@ix.netcom.com.
- Aug 16-17: Wild Rockies. Wallace, ID, A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075. Boise, ID, 83707, (208) 342-3910
- Aug 16: Chinook "Scorchin Hot!" Road Race Series. USCF Road Race (Circuit), 10.5 mile loop. Greg Michler, PO Box 132, Richland, WA, 93552. (609) 946—5507 or Email: bikecave@ix.netcom.com.
- Sep 12-14: Oregon State Championships. Government Camp, OR. DH, DS, XC & obs trials Petr Kakes, PO Box 320, Government Camp, OR, 97028. (503) 272-0146 or (503) 272-3554.
- Sep 13: Idaho City Banzai. Idaho City, ID. A rider's best 10 out of 18 races count towards championship Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- Sep 20: 5th Annual Lava Rama. Lava, ID. Ron Dillon, USA Unlimited Sports Action, PO Box 7075, Boise, ID, 83707. (208) 342-3910.
- Sep 21: Padden Cyclocross Series. Bellingham, WA. Kulshan Cycles , (360) 733-6440.
- Sep 26-28: AMBC. Government Camp, OR. DH, DS, XC & obs trials Petr Kakes, PO Box 320, Government Camp, OR, 97028. (503) 272-0146 or (503) 272-3554.

Single Race

- Feb 16: Jack Frost Time Trial. Vancouver Lake Park, WA. 12.4 mile out/back on medium roughness pavement (mostly flat). Starts at 9 a.m. Don Bly, Beaverton Bicycle Club, 5370 NW Neakahnie Avenue, Portland, OR, 97229, (503) 318-4257 or Fax: (503)629-9406 Email: captbly (8 aol. com.
- Mar 2: Ice Breaker Time Trial. Auburn, WA. Timed 10 mile loop, one minute intervals. Registration 8:00 am - 8:45 am. Starts at 9:00 a.m. USCF rules apply. Alan Quincy, (206) 862-4923.
- Mar 22: Race of the Frozen Flatlands. Spokane. Flat road race, kids 10 and under race free (5 miles) Alex Renner, S. 131 Sherman, Spokane, WA, 99202-1460. (509) 456-0432 or (509) 456-8875, email:

pegasus@eznet.com

- pegassezietzietzien.

 Mar 29: Snohomish Road Race. Snohomish, WA. Road race located 10 miles NE of Snohomish, WA. 10 mi loop on rural roads. Rolling hills no major climbs. All CATS. Fee: \$18 prereg. or \$20 day of race. David Douglas, Pazzo Promotions, 4207 SW Hill St., Seattle, WA, 98116. (206) 932-5921 or EmaikLDDOUG@SCN.ORG.
- Apr 6: Vashon Island Circuit Race. Vashon Island, WA. A "U" shaped 3 mile loop with a 1/2 mile climb each lap, All CATS + Collegiate. Fee: \$18 prereg, or \$20 day of race. David Douglas, Paszo Promotions, 4207 SW Hill St., Seattle, WA, 98116. (206) 932-5921 or Email:LDDOUG@SCN.
- EmaiLLDOUGESCNORG.

 Apr 13: Ridge to River Relay. Wenatchee, WA.
 Multisport relay race with 2000 participants. 35 mile
 course includes Nordic skiting, alpine skiting, running,
 cycling, kayak/cance, portage. Open to teams, pairs
 and solo participants. Susan Fress, Ridge to River
 Relay Association, 666 North Miller St./ P.O. Box
 3961. Wenatchee, WA, 98807. (509) 662-8799 or
 Email-Particul@pal.com. Email:R2rrelay@aol.com
- Apr 20: Barry Wilcox Hell of the West Time Trial. Epic 35 mile time trial. Bill Rowland, 520 -16th St., Port Angeles, WA, 98362. (360) 457-8069 or (360)681-3869.
- Apr 27: Seward Park Opener. Seward Park, Seattle, WA. A raindrop shaped. 8 mile course with a 200 yard hill. All CATS + free kids race. Fee: \$13 prereg. or \$15 day of race. David Douglas. Pazzo Promotions, 4207 SW Hill St., Seattle, WA, 98116. (206) 932-5921 or Emalt.DDOUG@SCN.ORG.
- May 4: OR District Rehearsal R.R.. Hagg Lake, OR. CH Productions, (503) 236-4712. May 4: Rehearsal/Cat 4/5 Road Champ. Portland, OR. TURNER ROAD RAGE Chuck Jerabek, FatTire Farm, TURNER ROAD RALE CHICK STAGE RACE. University of B.C. Tuesday night criterium. Every Tuesday night beginning in May and running through August. Sign-on starts 6:15 pm, 1st race 6:30 pm, All Categories. Steve Jolly, Team Escape Velocity, 52 E. 20th Ave., Vancouver, B.C. VSV1L6. (604) 872-6234 or Fax: (604) 684-0226 E-mail: swjolly@wimsey.com.
- May 31: OR District R.R. Hagg Lake, OR. CH Productions, (503) 236-4712.
- May 31: Seward Park Spring Classic. Seward Park, Seattle, WA. A raindrop shaped. 8 mile course with 200 yard hill. All CATS free kids race. Fee: \$13 preng. or \$15 day of race. David Douglas, Pazzo Promotions, 4207 SW Hill St., Seattle, WA, 98116. (206) \$32-5921 or Email: DDOUG @ SCN.ORG.
- Jun 7: Silver Fall Road race. Silver Falls. Point to point road race Steve Yenne, Capitol Velo Racing Club, Salem, OR, (503) 585-0483.

Jun 8: Silverton Criterium. Silverton, OR. (503) 838-

- Jun 14: Seward Park Summer Classic. Seward Park Seattle, WA. A raindrop shaped 8 mile course wit 200 yard hill. All CATS + free kids race. Fee: \$13 prereg. or \$15 day of race. David Douglas, Pazzo Promotions, 4207 SW Hill St., Seattle, WA, 98116 (206) 932-5921 or Email:LDDOUG@SCN.ORG.
- (206) 932-5921 or Email: LDDOUG @SCN.ORG.
 Jun 22: 3rd Annual Cascade Cream Puff 100. Westlir,
 OR. 100 mile mountain bike race. Richard, 1689
 Charnelton St., Eugene, OR, 97401. (541)345-7732
 Jun 28-30: BC Classic Stage Race. Langley, BC. A
 racer's race. Three Stage plus Prologue, All
 categories Steve Jolly, Team Escape Velocity, 52 E.
 20th Ave., Vancouver, BC, VSV1L6. (604) 872-6234
 or Fax: (604) 684-0226 E-mail: swjolly @wimsey.com.
- Jul 1: Burley Cycling Classic. Tandem only stage race.
 More TBA later Patricia LeCaux Russ Morton, 4080
 Stewart Road, Eugene , OR, 97402. (541) 687-1644.
- Jul 19: Snohomish KI Ha Ya Davs Road Race. 119: Snohomish KI Ha 7a Days Koad Kace.
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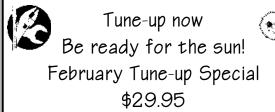
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Machine Tech regroups, relocates, and then astonishes again

BY NOEL ZANCHELLI

This very column, Innovators Northwest, was created more than two years ago to celebrate impeccable workmanship from companies in the bicycle industry located in this region. Several products and

. companies have been featured on these pages since then. and many of them quite memorable and notable. The first review. however. is special. The product itself was my inspiration to this launch monthly article. That item was the ZeroFlex cantilever brake set.

The manufacturer was Machine Tech.

I first discovered the tiny Machine Tech company late in the spring of 1994. It was located obscurely in a relatively small warehouse out in rural Duvall. Washington. After learning about the ZeroFlex brakes I wanted to share my admiration and enthusiasm with the entire world. They were offered in a variety of electric, wondrous colors and were (and still are) extremely functional, in-

novative, and simply beautiful. "Something this good can't be kept a secret for long," I thought. I was right. ZeroFlex brakes established themselves as in-

"...instead of being this manufacturer that only really catered to the elite, we're able to get down to basically the average enthusiast as far as his or her ability to pay for things." -Owner and product designer Simon Laurie

dustry standards among hard-core riders not long after they became available in a "limited" market. "Limited," meaning that all Machine Tech parts were limited to those with much money to spend on bicycle components. A harmless glance at the price tags on most older Machine Tech parts and a shopper is likely to immediately feel a great deal of weight lifted from his or her wallet. Machine Tech parts were not for the frugal minded consumer by any stretch of the imagination, but they were definitely worth the number on the price tag.

Funny, isn't it, how as much as things change they remain the same? Machine Tech has relocated clear to the city of

Spokane in the Eastern side of Washington state, it no longer manufactures components in a rainbow of exotic colors. its parts are now sold outside the prestigious walls of Tiffany & Co., but Machine Tech components are still the

epitome of impeccable innovation among bicycle afficionados. By moving to Spokane, Machine Tech was able to slice off a considerable amount of overhead costs, and according to owner and product designer Simon Laurie, "the machine work and the quality of the products for that kind of a price point was just something couldn't do in the past. So all

of a sudden instead of being this manufacturer that only really catered to the elite, as far as pocketbook, we're able to get down to basically the average enthusiast as far as his or her ability to pay for things."

Recently, an exciting alternative to the ever-nonular "V-Brake" was introduced to bicycle consumers, compliments of Machine Tech. It has been christened the

ZeroFlex QL Brake and it bears a striking resemblance to the aforementioned brake. The performance of the V-Brake and the ZeroFlex QL is nearly iden-

tical and its feel is quite similar. The ZeroFlex QL edges out the Shimano product, however, in most categories that often go unnoticed.

Aesthetically, the ZeroFlex wins out uncontested. Although Machine Tech now only offers its parts in a single color, the designers, chose that color wisely. It is a pearly, matte gray in a handsome charcoal shade.

Installation of the Machine Tech stopper is again, elementary. Micro-adjustment of the mechanism is simple and setting the brake pads is also a breeze. Making things even easier, is that very little toe is required with the beefy ZeroFlex QL brake pads. Another notable feature on the QL's is that three leverage adjusters are built into the brake arms. Needless to say, this feature allows for varying degrees of required braking power. What is probably the sleekest addition to any brake of this ilk, however, is a

cable guide and barrel adjuster that has been dubbed a "Wicked Sis-Clevter." erlv. Wicked Sister may also function as a shifting enhancer for the rear derailleur, and is sold separately.

The new version of the ZeroFlex brakes are also of a box construction design, giving them incredible strength.

Like its predecessor, the QL is also CNC machined from 6061 aluminum.

A few years ago when the original ZeroFlex brakes were introduced, brake levers were notably absent. That is no longer the case, as along with incredibly beautiful cantilevers, equally as plush levers are now offered to complete the posh package. Matching in color and striking splendor, the ZeroFlex QL levers are similar to the cantilevers in their CNC machined construction from 6061 aluminum and that they too, offer three quickly rendered positions of leverage adjustment. Designed and produced in a standard fashion that cyclists have come to expect from Machine Tech, QL brake levers are ergonomic to the hands, making them extremely comfortable.

Installation with these is also effortless and making finite adjustments is simple, too. The distance from the handlebar to the lever is adjusted easily using a 2 mm allen wrench, and the spring in the return lever is adjustable, as well. And of course, barrel adjusters are located at the tip where the cable is

housed, to compensate cable stretch. A nice thing about these levers is that they were designed work well with any brand of side pull brake or conventional cantilevers. thanks to the built-in leverage adjustments.

As mentioned previously, the cost of Machine Tech products have been greatly reduced recently, without even a hint of compromise to the components themselves. The new

ZeroFlex brakes carry a suggested retail cost of \$65.00 per wheel, whereas the old version of the brakes retailed for \$120 per wheel.

Quality is not compromised, production cost was simply reduced. As for the levers, they too, have a cost of \$65.00 for the set.

Machine Tech brakes and levers carry one year warranty manufacturer's defects.

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The Rules (for Men)

This article's for single guys who ride bikes and aren't meeting women, or aren't meeting women they like. The best way to meet women is on bikes and the best way to do that is riding centuries.

Here's how to maximize your century magnetism. Photocopy this piece and tape one copy on your bathroom mirror. Seal another copy in plastic and carry it in your jersey pocket on centuries. Reread it often.

Why centuries? Meet a woman on a long ride and you can feel confident you have a lot in common: You don't smoke: you're secretly afraid to weigh yourselves; you use boutique brands of shampoo and conditioner; you subsist on chicken burritos, you have unflattering tan lines.

Meeting a woman on a bike is not like meeting her in a fern bar or at the frozen

pizza freezer in Safeway. Distanced from the meatmarket scene and its second-rate men, she's more able to distance herself from the certain knowledge that you are just like them. Worse, maybe.

On a bike ride, she may actually be glad to meet you, despite the tools clanking annoyingly under your saddle and the gross sweat-salt Rorschach on the back of your shorts. She may be happy to have company on her ride, even yours...

It's easy to start a conversation on a century. After all, you're all there to have a good time, all doing the same stuff. Everyone's going the same places, climbing the same endless sun-baked hills, screaming whiteknuckled down the same perilous descents, grinding

into the same relentless headwinds, eating the same century "food.'

So much to talk about.

And it's easy to meet lots of people. Each time the nice century folks provide a roadside rest stop, the deck gets shuffled. Rider combinations can change - or they

can stay the same. Works like this:

Let's say you're riding with a young lady; You feel your companion MAY be Ms. Right. The two of you roll into a rest stop. Cleverly, you keep an eye on her and leave the rest stop when she does. You are so cool.

You ride with her some more, perhaps hand-in-hand through meadows of wildflowers into eventual Sun City retirement and motorhome travel.

If, on the other hand, you suspect your riding companion MAY NOT be Ms. Right: Merely depart the rest stop before or after she does. No rejection,

no confrontation, no "we need to talk;" Couldn't be simpler.

She, you understand, has precisely the same options. At the century: Don't wear a jersey with 14 brandnames on it you can't pronounce. Wear a plain, un-"pro" jersey you'll look like you have a life beyond cycling. Until, of course, you begin to speak.

Don't ride the "challenging" distance with the studly guys and the four deadly serious women. You don't need miles; you're exhausted all the time already. What vou need is a date. Ride 100 kilometers with the normal folks, the folks with lives: You might meet some-

Don't get in an all-guy paceline following a tandem.

The only woman you'll see all day is the one on the back of the tandem. She's married to the guy on the front of the tandem. Though she sometimes finds herself hating him, she's not gonna go out with you. You're not the answer to any of the questions she's asking.

Don't blow by anyone without saying hi. If you know you have a tendency to do that, to pass without a word, ask yourself why. Would Greg LeMond recognize you on the street? Would Madonna? Howard Stern? Have you written your name in bold across cycling's record

Who (cosmically) are you? That's what I thought.

So say hi. If you're greeting a potential Ms. Right, follow the hi with a question, one that makes you sound as if you're sincerely interested in other people. "Howya doin'?" is good, and you can get it said even when you're gasping for breath.

If you manage to get a conversation going, adjust your pace to that of your new riding partner. Forget your fitness goals. Ride along side-by-side, talk lightheartedly. Compare sunscreen numbers. Ask more questions. Laugh if you feel the urge.

Again: Forget your fitness goals. Don't call your bike rides "workouts." Don't quote bike magazine articles. Never mention bike-parts brands. Don't complain about politics in your bike club.

When you reach the next rest stop, keep an eye on her but do your own thing. She can spread peanut butter on a bagel-half without your help.

If, when you climb on your bike to roll out of that rest stop, you notice she's putting on her helmet and checking to see if you're ready to go too, quickly read the sealed-in-plastic copy of this piece again.

If you and she are still riding together at the next rest stop, lose the article. Rest of the ride, dude, you're on your own.

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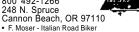


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